

Serge Brand

CURRICULUM VITAE Serge Brand, PhD.

(Nationality: Swiss; Languages: German, Italian, French, English)

Current Position and Main Activities

Research psychologist, Psychiatric Hospital of the University of Basel, Center for Affective-, Stress- and Sleep Disorders

Psychologist and psychotherapist, Psychiatric Hospital of the University of Basel, Center for Affective-, Stress- and Sleep Disorders

Adjunct Professor, Faculty of Psychology, Division of Personality and Developmental Psychology, U of Basel

Adjunct Professor, Faculty of Medicine, Department of Sport, Exercise and Health, Section of Sport Science, U of Basel

Head joint venture between the Psychiatric Hospital of the University of Basel and the Faculties of Psychology and Psychiatry Tehran, Hamadan, Kermanshah, and Isfahan (Islamic Republic of Iran)

Visiting professor, Kermanshah University of Medical Sciences, Kermanshah, Iran

Previous Positions

High school teacher, Italian, history, and sports; interpreter at different civil and criminal courts

Education

Habilitation in psychology; Faculty of Psychology, U of Basel, Switzerland (2012)

(Sleep and psychological functioning; Venia Docendi in Psychology)

Doctorate in psychology; Faculty of Psychology, U of Basel, Switzerland (2006)

(Mood and problem solving in dyads)

Licentiate in psychology (equivalent to MA); Faculty of Psychology, U of Basel, Switzerland (1998)

Diploma as High School teacher, U of Basel (1989)

Licentiate in arts (equivalent to MA); Faculty of Arts, U of Basel, Switzerland (1988)

Research Interests

Sleep and development from early childhood to early adulthood

Physical activity, psychological functioning and sleep in patients with MS, in pediatric patients with IBD, in adult patients with brain tumors

Bipolar disorders in adolescents and young adults

Grants

Ongoing and accomplished grants

Year	main applicant = MA; Co-Applicant = Co-A	CHF
2019	Co-A: Observational Comparative Study for Prediction of Functional Outcome, Quality of Life and Health Economics in Patients suffering from a Zygomatic Complex Fracture: Kantonsspital Aarau	20'000
2018	MA: Karger Research Award: fMRI in patients with MS (together with Dena Sadeghi Bahmani: Co-A)	12'000.00
2018	Co-A: Lifestyle physical activity counselling in in-patients with major depressive disorder (PACINPAT): Randomized controlled trial on physical activity, cardiorespiratory fitness, depression, and cardiovascular health risk markers“ SNF	691'458.00
2017	Co-A: Einfluss der Arbeitsbezogenen Interpersonellen Psychotherapie vs. Job-Coaching; Thomi Hopf-Stiftung	490'000.00
2017	MA: Intervention study in Kermanshah (Iran); physical activity in patients with MS (USD: 10'000.00)	10'000.00
2016	MA: Physical activity in patients with Multiple Sclerosis. UPK-Fonds	10'000.00
2015	Co-A: Neuroplasticity and mental health of preterm children: the role of stress regulation, sleep, and physical activity during the transition to adolescence: Lemola, Brand, Holsboer-Trachsler, Perkinson-Gloor, Weber, Grob: SNF	250'000.00
2015	MA: Influence of aerobic exercise training (AET) on disease symptoms, cardiovascular fitness, sleep, and depression in children and adolescents suffering from Inflammatory Bowel Disease (IBD) UPK-Fonds	15'000.00
2015	MA: Influence of aerobic exercise training (AET) on disease symptoms, cardiovascular fitness, sleep, and depression in children and adolescents	15'000.00

	suffering from Inflammatory Bowel Disease (IBD) FAG	
2014	MA: Influence of aerobic exercise training (AET) on disease symptoms, cardiovascular fitness, sleep, and depression in children and adolescents suffering from Inflammatory Bowel Disease (IBD) UPK-Fonds	10'000.00
2012	MA: "Individual Exercise Programs to Improve Emotional Well-being, Sleep and Cognition for Patients Suffering Aneurysmal Subarachnoid Hemorrhage: A Follow-up Trial"; Pühse, Gerber, Brand, Graf, Zimmerer, Holsboer-Trachsler; Freiwillige Akademische Gesellschaft Basel	50'000.00
2012	Co-A: Hair cortisol analyses in women suffering from post-partum depressions; Mikoteit, Brand, Holsboer-Trachsler	9500.00
2011	MA: Praxiserfahrungsbericht: Anwendung von Trazodon: Brand & Holsboer-Trachsler	9000.00
2011	MA: Hypomania in adolescence; Vifor Pharma SA Suisse; unrestricted grant; Brand & Holsboer-Trachsler	5'000.00
2011	Co-A: „Schlafhygiene, Schlafqualität und psychische Gesundheit im Jugendalter: Eine schulbasierte Interventionsstudie“; Lemola, Brand, Holsboer-Trachsler, Grob	48'000.00
2010	MA; Schlaf, Befindlichkeit und Stressachsenaktivität bei Patienten nach Aneurysmata-Operationen; Freiwillige Akademische Gesellschaft Basel; Brand, Kalak, Zimmerer, Holsboer-Trachsler;	15'000.00
2010	Co-A; Körperliche Aktivität als Stresspuffer; Schweizerische Eidgenossenschaft: Eidgenössische Sportkommission, Bundesamt für Sport; Gerber, Brand, Holsboer-Trachsler, Pühse	156'000.00
2008	MA; Restless legs syndrome; Lundbeck AG Switzerland; unrestricted grant; Brand & Holsboer-Trachsler	6'000.00
2008	MA: Romantic love in early adulthood; Organon AG, Schweiz; unrestricted grant; Brand & Holsboer-Trachsler	12'000.00
2008	MA; Schlaf, Befindlichkeit, und Stressachsenaktivität bei Neugeborenen vor und nach einer Lippen-Kiefer-Gaumen-Segel-Spalten-Operation; Gottfried-und-Julia-Bangerter-Ryhner-Stiftung	30'000.00
2007	MA; Körperliche Aktivität bei Halbprofi-Fussballspielern; Helvepharm AG, Schweiz; unrestricted grant; Brand & Holsboer-Trachsler	6'000.00
2007	MA: Körperliche Aktivität, Schlaf und Befindlichkeit im frühen Erwachsenenalter; Freiwillige Akademische Gesellschaft Basel; Brand, Gerber, Pühse, Holsboer-Trachsler	10'000.00
2007	Co-A; Schlaf, Befindlichkeit und Stressachsenaktivität bei psychiatrisch auffälligen Vorschulkindern; Jacobson-Stiftung; Hatzinger, Brand, von Klitzing, Holsboer-Trachsler	10'000.00

Professional Organisation Memberships

AGNP	Arbeitsgemeinschaft für Neuropsychopharmakologie und Pharmakopsychiatrie
ESSR	European Society of Sleep Research
FAG/BSS	Freiwillige Akademische Gesellschaft/Basel Science Society
FSP	Föderation der Schweizer Psychologen
SSBP	Schweizerische Gesellschaft für Biologische Psychiatrie

Member of Editorial Boards

Journal of Adolescence (Editorial Board; 2014-)
Frontiers in Psychiatry (Editorial Board; 2016-)
Frontiers in Psychiatry; Clinical and Health Psychology; Associate Editor (2018-)
PLOS ONE: Associate Editor (2018-)
Iranian Journal of Psychiatry; Editorial Board (2018-)
Behavioral Sleep Medicine; Editorial Board (2019-)

Further vocational trainings

GCP – Good Clinical Practice; basic course, Sept 2016
GCP – Good Clinical Practice; advanced course, Sept 2018
Online -course Coursera "Evolution Today" by Universiteit Leiden & Naturalis Biodiversity Center on Coursera.
Certificate earned at Wednesday, January 23, 2019 7:35 PM GMT".

Awards

- 2018 Publons Review Ranking: 4nd place worldwide in the field of psychology/psychiatry
- 2017 Publons Review Ranking: 2nd place in Switzerland; 1st place at the University of Basel, 2nd place in the field of health professions
- 2012 1. Poster prize: Main congress of the Swiss Society for Biological Psychiatry and the Swiss Society for psychiatry and psychotherapy; Assessment of cognitive impairments in patients with MDD and treated with ECT with and without sodium valproate.
- 2009 One of five poster prizes: World Congress of the Societies of Biological Psychiatry, Paris; Long-term outcome of patients suffering from Restless Legs Syndrome; a three years follow-up study (with J. Beck)
- 2008 1. Poster prize; Main congress of the Swiss Society for Biological Psychiatry and the Swiss Society for psychiatry and psychotherapy: Polysomnographic profiles of patients suffering from Restless legs syndrome, compared to patients suffering from depressive disorders.
- 2008 Helene-Matras-Preis; Preis der Österreichischen Gesellschaft für Lippen-Kiefer-Gaumen-Segelspalten und fasziale Anomalien (zusammen mit Dr. Dr. A. Müller): Euro 5'000.00

Basel, June 2019



PUBLICATION LIST
Serge Brand, Ph.D.

Links to publication list

https://www.researchgate.net/profile/Serge_Brand

https://scholar.google.ch/citations?hl=de&user=KYIJRRQAAAAJ&view_op=list_works&sortby=pubdate

Peer-Reviewed Articles (up-date June 15, 2019)

Publication	Category	Points	Impact factor
In press			
Alirezaei P, Ahmadpanah M, Rezanejad A, Soltanian A, Sadeghi Bahmani D, Brand S. Compared to controls, individuals with Lichen planopilaris (LPP) had higher depression, lower self-esteem and lower quality of life. <i>Neuropsychobiology</i> , 2019.	A	5	1.421
Bazzazi N, Ahmadpanah M, Moradi N, Haghghi M, Moradi A, Ghiasian M, Brand S. Visual impairment was related to educational level but not to cognitive performance among adults in their 60s. <i>Psychological Reports</i> , 2018.	B	3	0.667
Brand S, Gerber M, Colledge F, Holsboer-Trachsler E, Pühse U, Ludyga S. Acute exercise and emotion recognition in young adolescents. 2019. <i>Journal of Sport and Exercise Psychology</i> .	A	10	2.410
Das-Friebel A, Perkinson-Gloor N, Brand S, Dewald-Kaufmann JF, Grob A, Wolke D, Lemola A. A pilot cluster-randomised study to increase sleep duration by decreasing electronic media use at night and caffeine consumption in adolescents. <i>Sleep Medicine</i> , 2018	A	5	3.3
Gerber M, Beck J, Brand S, Cody R, Donath L, Eckert A, Faude O, Fischer X, Hatzinger M, Holsboer-Trachsler E, Imboden Chr, Lang U, Mans S, Mikoteit T, Oswald A, Pühse U, Rey S, Schreiner AK, Schweinfurth N, Spitzer U, Zahner L. The impact of lifestyle Physical Activity Counselling in IN-PATients with major depressive disorders on physical activity, cardiorespiratory fitness, depression, and cardiovascular health risk markers: study protocol for a randomized controlled trial. <i>Trials</i> , 2019.	A	A	2.07
Gerber M, Brand R, Antoniewicz F, Isoard-Gauthier S, Gustafsson H, Bianchi R, Colledge F, Madigan DJ, Brand S, Ludyga S. Implicit and explicit attitudes towards sport among young elite athletes with high versus low burnout symptoms. <i>Journal of Sport Sciences</i> , 2019.	A	2	2.733
Gerber, M., Gustafsson, H., Harald, S., Kellmann, M., Ludyga, S., Colledge, F., Brand, S., Isoard-Gauthier, S., & Bianchi, R. (in press). Usefulness of the Athlete Burnout Questionnaire (ABQ) as a screening tool for the detection of clinically relevant burnout symptoms among young elite athletes. <i>Psychology of Sport and Exercise</i> .	A	3	2.88
Gerber M, Isoard-Gauthier S, Schilling R, Ludyga S, Brand S, Colledge F. When low leisure-time physical activity meets unsatisfied psychological needs: Insights from a stress-buffer perspective. <i>Frontiers in Psychology</i> , section Psychopathology.	A	2	2.50

Gerber, M., Schilling, R., Colledge, F., Ludyga, S., Pühse, U., & Brand, S. (in press). More than a simple pastime? The potential of physical activity to moderate the relationship between occupational stress and burnout symptoms. <i>International Journal of Stress Management</i> .	B	7	1.95
Khazaie H, Zakiei A, Rezaie M, Komasi S, Brand S. Sleep pattern, common bedtime problems, and related factors among first-grade students: Epidemiology and predictors. <i>Clinical Epidemiology and Global Health</i> . 2018.	C	2	--
Lang, C., Brand, S., Colledge, F., Ludyga, S., Pühse, U., & Gerber, M. (in press). Adolescents' personal beliefs about sufficient physical activity are more closely related to sleep and psychological functioning than self-reported physical activity: A prospective study. <i>Journal of Sport and Health Science</i> . 2018.	A	5	2.53
Ludyga, S., Gerber, M., Mücke, M., Brand, S., Weber, P., Brotzmann, M., Pühse, U. (2018 / in press). The acute effects of aerobic exercise on cognitive flexibility and task-related heart rate variability in children with ADHD and healthy controls. <i>Journal of Attention Disorders</i> .	A	4	3.378
Nakkas C, Annen H, Band S. Somatization and Coping in Ethnic Minority Recruits. <i>Military Medicine</i> , 2019.	C	2	0.70
Norouzi E, Hosseini F, Vaezmosavi M, Gerber M, Pühse U, Brand S. Effects of Quiet Mind Training on Alpha Power suppression and fine motor skill acquisition. <i>Journal of Motor Behavior</i> , 2018.	B	6	1.51
Norouzi E, Norouzi R, Gerber M, Pühse U, Brand S. Dual task training on cognition and skill training improved both balance and working memory in older people, compared to motor training only. <i>The Physician and Sport Medicine</i> . 2019.	B	5	1.57
Shamohammadi M, Salmanian M, Mohammadi MR, Sadeghi Bahmani D, Holsboer-Trachsler E, Brand S. Prevalence rates of self-reported trauma in a sample of Iranian children are low and unrelated to parents' education or current employment status. <i>Brazilian Journal of Psychiatry</i> , 2018.	B	6	2.09
2019			
Ahmadpanah M, Asadi Y, Haghghi M, Ghasemibasir H, Khanlarzadeh E, Brand S. Among patients with minor beta-thalassemia and controls, cognitive performance is related to length of education, but not to minor beta-thalassemia or haemoglobin levels. <i>Iranian Journal of Psychiatry</i> . 2019;14:47-53.	C	4	0
Barzegar M, Sadeghi Bahmani D, Nehzat N, Kiani M, Hashemi N, Mirmosayyeb O, Brand S, Shaygannejad V. Comparison of sleep complaints and quality of life between patients with Neuromyelitis Optica Spectrum Disorder (NMOSD) and healthy controls. <i>Multiple Sclerosis and Related Disorders</i> , 2019;32:81-87.	A	8	3.199
Brand S, Lemola S, Mikoteit T, Holsboer-Trachsler E, Kalak N, Sadeghi Bahmani D, Pühse U, Ludyga S, Gerber M. Schlaf und Befindlichkeit bei Kindern und Jugendlichen - ein narratives Review [Sleep and Psychological Functioning of Children and Adolescents - a Narrative Review]. <i>Praxis der Kinderpsychologie und Kinderpsychiatrie</i> . 2019;68:128-145.	C	3	

Brand S, Schilling R, Ludyga S, Colledge F, Sadeghi Bahmani D, Holsboer-Trachsler E, Pühse U, Geber M. Further evidence of zero-association between symptoms of insomnia and facial emotion recognition - results from a sample of adults in their late 30s. <i>Frontiers in Psychiatry, section Psychopathology</i> .2019;9:754.	A	10	2.85
Davarinejad O, Hendesi K, Shahi H, Brand S, Khazaie H. A pilot study on daily intensive ECT over eight days improved positive and negative symptoms and general psychopathology of patients with treatment-resistant schizophrenia up to 4 weeks after treatment. <i>Neuropsychobiology</i> . 2019;77:83-91.	B	4	1.421
Farnia V, Alikhani M. Ebrahimi A, Golshani S, Sadeghi Bahmani D, Brand S. Ginseng treatment improves the sexual side effect of methadone maintenance treatment. <i>Psychiatry Research</i> , 2019;276:142-150	A	7	2.223
Kalak N, Gerber M, Sadeghi Bahmani D, Kirov R, Pühse U, Holsboer-Trachsler E, Brand S. It's high time you go to bed" – Adolescents with earlier set bedtimes report longer sleep duration, but do not report less sleep complaints or more favourable psychological functioning. <i>Somnology</i> , 2019,23:116-124.	C	1	0.342
Khazaie H, Behrouz B, Chehri A, Gerber M, Holsboer-Trachsler E, Sadeghi Bahmani D, Brand S. Among adolescents, addiction susceptibility and sleep-related dysfunction have a common cognitive-emotional base and predict poor sleep quantity. <i>Journal of Substance Use</i> , 2019;24:426-431	C	2	0.719
Lang C, Brand S, Colledge F, Pühse U, Holsboer-Trachsler E, Gerber M. (2019). Teaching stress management in physical education: A quasi-experimental study with vocational students. <i>Scandinavian Journal of Educational Research</i> . 63 (2), 245-257.	C	1	0.410
Mikoteit T, Brand S, Eckert A, Holsboer-Trachsler E, Beck J. Brain-derived neurotrophic factor is a biomarker for subjective insomnia but not objectively assessable poor sleep continuity. <i>J Psychiatr Res</i> 2019;110:103-109.	A	8	4.0
Möhring W, Urfer-Maurer N, Brand S, Holsboer-Trachsler E, Weber P, Grob A, Lemola S. The association between sleep and dual-task performance in preterm and full-term children: An exploratory study. <i>Sleep Medicine</i> , 2019;55:100-108.	A	4	3.3
Sadeghi Bahmani D, Kesselring J, Papadimitriou M, Bansi J, Pühse U, Gerber M, Shaygannejad V, Holsboer-Trachsler E, Brand S. In patients with multiple sclerosis, both objective and subjective sleep, depression, fatigue, and paresthesia improved after 3 weeks of regular exercise. <i>Frontiers in Psychiatry</i> , 2019;10:265.	A	10	2.857
2018			
Abdoli N, Sadeghi Bahmani D, Farnia V, Alikhani M, Golshani S, Holsboer-Trachsler E, Brand S. Among substance abusing traffic offenders poor sleep and poor general health predict lower driving skills, but not slower reaction times. <i>Psychology Research and Behavior Management</i> , 2018;11:557-566.	B	5	1.95
Ahmadpanah M, Nazaribadie M, Aghaei E, Ghaleiha A, Bakhtiari A,	A	9	3.397

Haghighi M, Sadeghi Bahmani D, Akhondi A, Bajoghli H, Jahangard L, Holsboer-Trachsler E, Brand S. Influence of adjuvant detached mindfulness and stress management training compared to pharmacologic treatment in primiparae with postpartum depression. Archives of Women's Mental Health, 2018;21:65-73.			
Brand S, Colledge F, Ludyga S, Emmenegger R, Sadeghi Bahmani D, Kalak N, Holsboer-Trachsler E, Pühse U, Gerber M. Acute bouts of exercising improved mood, rumination and social interaction in inpatients with mental disorders. Frontiers in Psychology, Section Psychopathology. 2018;9:249	A	10	2.4
Brand S, Mikoteit T, Kalak N, Sadeghi Bahmani D, Lemola S, Gerber M, Ludyga S, Bossard M, Pühse U, Holsboer-Trachsler E, Hatzinger M. Cortisol impacted on explicit learning encoding, but not on storage and retrieval, and was not associated with sleep patterns– results from the Trier Social Stress Test for Children (TSST-C) among 9-years old children. Frontiers in Psychology, 2018;9:2240.	A	9	2.09
Colledge F, Brand, Pühse U, Holsboer-Trachsler E, Gerber M. In inpatient substance use disorder treatment in Switzerland, exercise programmes are regularly implemented but not evaluated – a missed opportunity for improving treatment. Mental Health and Physical Activity. 2018;15:7-10.	A	8	2.21
Ehrbar J, Brand S, Colledge F, Donath L, Egger ST, Hatzinger M, Holsboer-Trachsler E, Imboden C, Schweinfurth N, Vetter S, Gerber M (2018) Psychiatric In-Patients Are More Likely to Meet Recommended Levels of Health-Enhancing Physical Activity If They Engage in Exercise and Sport Therapy Programs. Front. Psychiatry 9:322. doi: 10.3389/fpsyt.2018.00322	A	9	3.532
Farnia V, Gharehbaghi H, Alikhani M, Almasi A, Golshani S, Tatari F, Davarinejad O, Salemi S, Sadeghi Bahmani D, Holsboer-Trachsler E, Brand S. Efficacy and tolerability of adjunctive gabapentin and memantine on obsessive compulsive disorder: double-blind, randomized, placebo-controlled trial. Journal of Psychiatric Research, 2018;104:137-143.	A	10	4.0
Fathirezaie Z, Zamani Sani SH, Ebrahimi S, Brand S, Jahanbakhsh I, Nazari S. Discriminating mental skills among adolescent elite and competitive soccer and volleyball players. Annals of Applied Sport Science. 2018;6:23-29.	C	1	0.60
Gerber M, Best S, Meerstetter F, Walter M, Ludyga S, Brand S, Bianchi R, Madigan DJ, Isoard-Gautheur S, Gustafsson H. Effects of stress and mental toughness on burnout and depressive symptoms: A prospective study with young elite athletes. Journal of Science and Medicine in Sport. 2018;21:1200-1205.	A	2	3.86
Gerber, M., Best, S., Meerstetter, F., Isoard-Gautheur, S., Gustafsson, H., Bianchi, R., Madigan, D.J., Colledge, F., Ludyga, S., Holsboer-Trachsler, E., & Brand, S. Cross-sectional and longitudinal associations between athlete burnout, insomnia and polysomnographic indices in young elite athletes. Journal of Sport and Exercise Psychology. 2018;40:312-324.	A	10	2.41
Gerber, M., Colledge, F., Mücke, M., Schilling, R., Brand, S., & Ludyga, S. Psychometric properties of the Shirom-Melamed Burnout Measure (SMBM) among adolescents: Results from three cross-sectional studies.	A	2	2.42

BMC Psychiatry. 2018;18(1):266. doi: 10.1186/s12888-018-1841-5.			
Gerber M, Isoard-Gautheur S, Schilling R, Ludyga S, Brand S, Colledge F. When Low Leisure-Time Physical Activity Meets Unsatisfied Psychological Needs: Insights From a Stress-Buffer Perspective- <i>Frontiers of Psychology</i> , 2018; 9; 2097. https://doi.org/10.3389/fpsyg.2018.02097 .	A	2	2.08
Jahangard L, Sadeghi A, Ahmadpanah M, Holsboer-Trachsler E, Sadeghi Bahmani D, Haghghi M, Brand S. Influence of adjuvant omega-3-polyunsaturated fatty acids on depression, sleep, and emotion regulation among outpatients with major depressive disorders - results from a double-blind, randomized and placebo-controlled clinical trial. <i>Journal of Psychiatric Research</i> , 2018;107:48-56.	A	10	4.0
Jahangard L, Solgy R, Salehi I, Taheri SK, Holsboer-Trachsler E, Haghghi M, Brand S. Cholecystokinin (CCK) level is higher among first time suicide attempters than healthy controls, but is not associated with higher depression scores. <i>Psychiatry Research</i> , 2018;266:40-46.	A	8	2.56
Jahangard L, Fadaei V, Sajadi A, Haghghi M, Ahmadpanah M, Matinnia N, Bajoghli H, Sadeghi Bahmani D, Lang UE, Holsboer-Trachsler E, Brand S. Patients with OCD report lower Quality of Life after controlling for expert-rated symptoms of depression and anxiety. <i>Psychiatry Research</i> , 2018; 260:318-323.	A	8	2.528
Jasbi M, Sadeghi Bahmani D, Karami G, Omidbeygi M, Peyravi M, Panahi A, Mirzaee J, Holsboer-Trachsler E, Brand S. Influence of adjuvant Mindfulness-Based Cognitive Therapy (MBCT) on symptoms of Post-Traumatic Stress Disorder (PTSD) in veterans – results from a randomized control study. <i>Cognitive Behavior Therapy</i> , 2018;47:431-446.	A	8	2.80
Khazaie H, Negahban S, Ghadami MR, Sadeghi Bahmani D, Holsboer-Trachsler E, Brand, S. Among middle-aged adults, snoring predicted hypertension independently of sleep apnoea. <i>Int J Med Res</i> . 2018;46:1187-1196.	C	3	1.34
Keshavarzi F, Mahmoudzadeh F, Brand S, Sadeghi Bahmani D, Akbari F, Khazaie H, Ghadami MR. Both melatonin and meloxicam improved sleep and pain in females with primary dysmenorrhea - results from a double-blind cross-over intervention pilot study. <i>Archives of Women's Mental Health</i> . 2018;21:601-609.	A	4	3.39
Ludyga, S., Gerber, M., Herrmann, C., Brand, S., Pühse, U. Chronic effects of exercise implemented during school-break time on neurophysiological indices of inhibitory control in adolescents, <i>Trends in Neuroscience and Education</i> . 2018;10:1-7.	C	-	-
Ludyga S, Gerber M, Brand S, Pühse U, Colledge F. (2018). Effects of Aerobic Exercise on Cognitive Performance Among Young Adults in a Higher Education Setting, <i>Research Quarterly for Exercise and Sport</i> , 2018;89:164-17. DOI: 10.1080/02701367.2018.1438575	B	2	1.84
Mikoteit T, Brand S, Perren S, von Wyl A, von Klitzing K, Holsboer-Trachsler E, Hatzinger M. Visually detected non-rapid eye movement stage 2 sleep spindle density at age five years predicted prosocial behavior positively and hyperactivity scores negatively at age nine years. <i>Sleep Medicine</i> , 2018;48:101-108.	A	9	3.39

Matinnia N, Haghighi M, Jahangard L, Ibrahim FB, Rahman HA, Ghaleiha A, Holsboer-Trachsler E, Brand S. Further evidence of psychological factors underlying choice of elective cesarean delivery (ECD) by primigravidae. <i>Revista Brasileira de Psiquiatria</i> , 2018, 40:83–88.	A	7	2.18
Sadeghi Bahmani D, Esmaeili L, Shaygannejad V, Gerber M, Kesselring J, Lang UE, Holsboer-Trachsler E, Brand S. Stability of mental toughness, sleep disturbances, and physical activity in patients with multiple sclerosis (MS) – a longitudinal and pilot study. <i>Frontiers in Psychiatry</i> , section Psychopathology doi: 10.3389/fpsy.2018.00182.	A	10	3.532
Sadeghi Bahmani D, Faraji P, Faraji R, Lang UE, Holsboer-Trachsler E, Brand S. Is emotional functioning related to academic achievement among university students? - Results from a cross-sectional Iranian sample. <i>Brazilian Journal of Psychiatry</i> . 2018;40:290-295.	B	5	2.05
Salmanian M, Mohammadi, MR, Keshavarzi Z, Brand S. An Update on the Global Prevalence of Conduct Disorder (2011-2017): Study Protocol for a Systematic Review and Meta-analysis. <i>Journal of Forensic and Legal Medicine</i> . 2018;59:1-3.	C	2	1.01
Schilling R, Schärli E, Fischer X, Donath L, Faude O, Brand S, Pühse U, Zahner L, Rosenbaum S, Ward PB, Carraro A, Gerber M. (in press). The utility of two interview-based physical activity questionnaires in healthy young adults: Comparison with accelerometer data. <i>PloS One</i> , 13(9):e0203525. doi: 10.1371/journal.pone.0203525. eCollection 2018	A	2	2.77
Stubbs, B., Vancampfort, D., Hallgren, M., Firth, J., Veronese, N., Solmi, M., Brand, S., Cordes, J., Malchow, B., Gerber, M., Schmitt, A., Correll, C.U., De Hert, M., Gaughran, F., Schneider, F., Kinnafick, F., Falkai, P., Möller, H.-J., Kahl, K.G., 2018. EPA guidance on physical activity as a treatment for severe mental illness: a meta-review of the evidence and Position Statement from the European Psychiatric Association (EPA), supported by the International Organization of Physical Therapists in Mental Health (IOPTMH). <i>European Psychiatry</i> 54, 124-144.	A	3	4.11
Urfer-Maurer N, Brand S, Holsboer-Trachsler E, Grob A, Weber P, Lemola S. Correspondence of maternal and paternal perception of school-aged children's sleep with in-home sleep-electroencephalography and diary-reports of children's sleep. <i>Sleep Medicine</i> , 2018;48:180-186.	A	7	3.395
Urfer-Maurer, N., Ludyga, S. Stalder, T., Brand, S., Holsboer-Trachsler, E., Gerber, M., Grob, A., Weber, P., & Lemola, S. (2018). Heart rate variability and salivary cortisol in very preterm children during school age. <i>Psychoneuroendocrinology</i> , 87, 27-34. http://dx.doi.org/10.1016/j.psyneuen.2017.10.004	A	4	4.788
2017			
Ahmadpanah M, Astinsadaf S, Akhondi A, Haghighi M, Sadeghi Bahmani D, Badei NM, Jahangard L, Holsboer-Trachsler E, Brand S. Early maladaptive schemas of emotional deprivation, social isolation, shame and abandonment are related to a history of suicide attempts among patients with major depressive disorders. <i>Comprehensive Psychiatry</i> . 2017;77:71-79.	A	8	2.1
Ahmadpanah M, Akbari T, Akhondi A, Haghighi M, Jahangard L, Sadeghi	A	8	2.528

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