

Tehran University of Medical Sciences

School of Nursing and Midwifery

Midwifery

(General specifications, plans and headlines)

Final revision and editing

2016

Section I: Title: Midwifery (BSc) Degree: BSc

Introduction

Midwifery is the health science and the health profession that deals with pregnancy, childbirth, and the postpartum period. In Iran, the first midwifery institute was established in the Tehran Women Hospital in 1919. After 10 years in 1929, the first High Institute for Midwifery as one of the branches of School of Medicine was established, that offered 3 year midwifery program leading to degree equivalent qualification. Following the establishment of Tehran University in 1934 and its medical school in 1936, Women Hospital along with its midwifery institute merged with the Tehran University.

Definition

Midwifery is a sub-branch of medical sciences. Its graduates as members of healthcare team are actively engaged in reproductive health, healthcare during pregnancy, during and after the birth, neonatal care, education, sexual and reproductive health consultancy, promotion of normal and safe delivery, diagnosis of abnormal status in mother, fetus or newborn, emergency interventions during pregnancy or delivery and on time referral of unusual cases. They also strive to provide and promote health of mothers, fetus, newborns and neonates.

The Aim of the Course

Mission: The mission of this program is to train committed, competence and knowledgeable midwifery professionals who are able to deliver midwifery services at different levels of prevention to patients independently as members of healthcare team.

Vision: In 10 year time, the graduated of this program based on the program's philosophy and mission, will provide effective midwifery services to patients at the highest professional standard.

Philosophy, values and beliefs: Since the family is a fundamental component of the society and is the main center for human development, and since women and mothers have a central and decisive role in the family, thus, health and wellbeing of mothers and children and providing healthcare service for them is central in Iran's health planning programs.

In this educational program, taking into the account that, pregnancy and birth are physiological and normal events in life and the fact that, prevention is more important that cure, it is essential to facilitate normal condition for reproductive events and any abnormality should be carefully identified and treated.

Access to appropriate midwifery services regardless of race, culture, religion, place of residency, political interests, and economic and social statues, is the right of all families.

Graduates of this program have a duty to deliver high standard quality midwifery care to patients and use the results of researcher in accordance with national goals, ethical principles and justice within the area of their responsibilities.

Aims: The aims of this program include: Help to promote indexes related to women's reproductive health and families, Help to reduce problems of mother, fetus, neonate and child as well as mortality during pregnancy, Help to promote normal delivery.

General Competencies

Communication skills, interviewing, educational, writing, reporting, critical thinking, problem solving, managerial ones as well as professionalism.

Specific Competencies and Skills (Special Qualifications)

Graduates' roles include: caring, education, research, consultancy, management and rehabilitation.

The Terms and Conditions of Admission to the Course

- Academic qualification
- Being mentally and physically healthy
- Recommendation letter
- English qualification

Educational Strategies, Methods and Techniques

Educational Strategies: Task-based learning blended learning (teacher-centered and student-centered), blended learning (attendance and DLN), problem-based learning, professional competency-based learning, and evidence-based learning.

Methods and Techniques:

lecture (question & answer, video clip), journal club, case presentation, discussions in small groups, seminars and conferences, site visits (for example, Nursing Office of the Tehran university of medical sciences, and Iranian nursing organization), and clinical and managerial practice in health care fields).

Student Assessment

Written assessment [multiple choice questions (MCQ), essay (restricted & extended answer)], oral assessment (unstructured and structured oral exams), interactive computer test, and practical assessment (projects, Portfolio, and Logbook, lab observations).

Code Title of module Number of Types of the Prerequisite credits module 2 (43hours) **Theory- Practice** 01 Histology and Cytology _ 02 **Biochemistry** 2 (43hours) **Theory- Practice** 03 Anatomy 1 2 (43hours) Theory- Practice 04 Anatomy 2 3 (60hours) Theory- Practice 03 Theory- Practice 05 3 (51hours) 01-02-03 Physiology 1 Theory- Practice 2(43hours) 06 Physiology 2 04 - 052(43 hour) Theory- Practice 07 Immunology 02 08 Theoretical Microbiology 2(34 hours) Theory 09 Parasitology and Mycology 1 (17hours) Theory 08 10 Practice Practical Microbiology 1 (34hours) 08-09 Theory- Practice 01-07-08-09 11 General and Specific Pathology 1 (9hours) 12 Principles of public health services 1 2 (26hours) **Theory- Practice** General Pharmacology 1 13 2 (34hours) Theory 02-05-06 14 General Pharmacology 2 1 (17hours) Theory 05-06-13 15 Principles and techniques of nursing, 2 (51hours) **Theory- Practice** midwifery and working in operating and delivery room Principles and techniques of nursing, 1 (51hours) Internship 16 15 midwifery and working in operating and delivery room (Practicum) Theory- Practice 17 **Biological statistic** 2 (43hours) 19 18 General, woman and family 2 Theory psychology (102hours) 19 Principals of epidemiology and 2(34hours) Theory 09-10-12-27 fighting diseases 2 20 Specialized English Language 2(34 hours)Theory General English 21 Principles of nutrition for mother and 2(34hours) Theory 02-05-06 baby

Number and Type of Credits and Tables of the Courses (including compulsory and optional [elective] courses)

| 22 | History, ethic, laws and rights in midwifery | 1(17hours) | Theory | 27-29-30-36- 53 |
|----|---|-------------|-----------------|--|
| 23 | Rights and Forensic medicine in midwifery | 1(17hours) | Theory-practice | Along with 22 |
| 24 | Forensic medicine in midwifery (practicum) | 1(51hours) | Internship | 22-23 |
| 25 | Embryology | 2(34hours) | Theory | 01-03-04 |
| 26 | Genetic | 2(34hours) | Theory | - |
| 27 | Pregnancy and birth 1-normal delivery | 2(34hours) | Theory | Basic science lessons in table B |
| 28 | Normal pregnancy practicum | 1(51hours) | Internship | 27 |
| 29 | Pregnancy and birth 2-normal, safe and physiological delivery, and methods of reducing Labor pain | 2(34hours) | Theory | 27-28 |
| 30 | Normal delivery practicum | 2(144hours) | Internship | 29 |
| 31 | Pregnancy and birth 3- abnormal pregnancy and birth | 2(26hours) | Theory | 27-29 |
| 32 | Normal and abnormal delivery practicum | 3(144hours) | Internship | 31 |
| 33 | Pregnancy and birth 4- medical and surgical diseases in pregnancy and birth | 1(17hours) | Theory | 17-19-31-40- 41-42-43-44 |
| 34 | Newborns | 2(34hours) | Theory | 25 |
| 35 | Newborns' practicum | 1(51hours) | Internship | 34 |
| 36 | Children's diseases | 2(34hours) | Theory | 34 |
| 37 | Children's diseases practicum | 1(51hours) | Internship | 36 |
| 38 | Typology and physical examination | 1(17hours) | theory | 03-04-05-06- 07-08-09 |
| 39 | Typology and physical examination practicum | 1(51hours) | Internship | 38 |
| 40 | Physiopathology and medical diseases 1 | 3(51hours) | theory | 38 and all basic science lessons |
| 41 | Physiopathology and medical diseases 2 | 2(34hours) | Theory | 40 |

| 42 | Physiopathology and medical diseases 3 | 2(34hours) | Theory | 40-41 |
|----|---|-----------------|-----------------|-----------------------|
| 43 | Physiopathology and surgical diseases | 2(34hours) | Theory | 40-41-42 |
| 44 | Medical/surgical diseases practicum | 1(51hours) | Internship | 39-40-41-42- 43 |
| 45 | Relationship between health education and counseling on mother and baby and reproductive health (3) | 1(17hours) | Theory | 12-18-21-27- 34-36 |
| 46 | Mother, baby, and reproductive health (4) | 2(34hours) | Theory | Health 3 |
| 47 | Management and promotion of quality in mother, baby and reproductive health (5) | 1(17hours) | Theory | Health 1&2 |
| 48 | Mother, baby, and reproductive health, and family planning practicum | 2(102house) | Internship | 45-46-47 |
| 49 | Principles of psychology in midwifery | 1(17hours) | Theory | 18 |
| 50 | Sexual function disorders | 1(17hours) | Theory | 49 |
| 51 | Radiology, sonology and electrology in midwifery and women | 1(17hours) | Theory | 27-29-31-53 |
| 52 | Principles of management and its application in midwifery | 2(34hours) | Theory | 27-29 |
| 53 | Women's diseases and infertility | 3(51hours) | Theory | 27-29-31- 38 |
| 54 | Women's diseases practicum | 2 (102hours) | Internship | 53 |
| 55 | Nutrition in mother and baby diseases | 1(17hours) | Theory | 21-33-53 |
| 56 | Anesthesia and CPR in midwifery | 1(26hours) | Theory-Practice | 13-14-27-29- 34 |
| 57 | Research's methodology and design | 1(26hours) | Theory-Practice | 31-46-47-53- |
| 58 | Medical information system (information technology in midwifery) | 1(26hours) | Theory-Practice | - |
| 59 | Growth and development of infants | 1(17hours) | Theory | 34 |
| 60 | Preparing for labor and physiological birth | 2(43hours) | Theory-Practice | 27-29-31 |
| 61 | Implementation of project to solve professional problems or research in midwifery | 1(34hours) | Practice | 31-46-47-53 |

| 62 | Health and midwifery's models and theories | 1(17hours) | Theory | 27-29-31 |
|----|--|-------------------|-----------------|--|
| 63 | Sociology and women's social pathology | 1(17hours) | Theory | 18-27-29 |
| 64 | Evidence-based midwifery | 1(26hours) | Theory-Practice | 17-19-58 |
| 65 | Complementary and alternative therapies in midwifery | 1(17hours) | Theory | 27-29-31-33- 53-54 |
| 66 | Complementary and alternative therapies in midwifery practicum | 1(51hours) | Internship | 65 |
| 67 | Traditional and herbal medicine in midwifery | 1(17hours) | Theory | 18-19-20-21- 22-23-24-25- 26-27-28-29- 30-31-32- 3353-54 |
| 68 | Reproductive biology | 1(17hours) | Theory | 05-06-25-27 |
| 69 | Management of health economy | 1(17hours) | Theory | 52 |
| 70 | Patient and clients' education | 1(17hours) | Theory | 29-45-46 |
| 71 | Nutrition before, during and after pregnancy | 1(17hours) | Theory | 21-34-35 |
| 72 | Promoting mother's breastfeeding | 1(22hours) | Theory-Practice | 27-29-46 |
| 73 | Midwifery and reproductive health in natural disasters | 1(17hours) | Theory | 31-33- 45-46- 47 |
| 74 | Midwifery and reproductive health in urban health | 1(17hours) | Theory | 31-33-45-46- 47 |
| 75 | Normal and abnormal pregnancy practicum | 3(153hours) | Internship | - |
| 76 | Normal and abnormal delivery (1) | 2.5(255hour s) | Internship | - |
| 77 | Normal and abnormal delivery (2) | 2.5(255hour s) | Internship | - |
| 78 | Women's diseases and infertility practicum | 2(102hours) | Internship | - |
| 79 | Reproductive health, and mother, baby and family planning practicum | 2(102hours) | Internship | - |
| 80 | Infants who need intensive care practicum | 1(51hours) | Internship | - |

| 81 | Medical and surgical diseases in pregnancy practicum | 1(51hours) | Internship | - |
|----|---|------------|------------|---|
| 82 | Management and its application in midwifery practicum | 1(51hours) | Internship | - |
| 83 | Radiology, sonology and electrology in midwifery and women practicum | 1(51hours) | Internship | - |

Ethical issues

The graduates should,

- Observe the Patient's Bill of Rights¹ when working with the patients.
- Strictly observe Biosafety and Patient Safety Rules* concerning the patients, personnel and workplace.
- Observe the Rulebook for Dress Code².
- Strictly observe the Regulations of Working with the Laboratory Animals³.
- Carefully preserve resources and equipment.
- Truly respect faculty members, the staff, classmates and other students and work for creating an intimate and respectful atmosphere.
- Observe social and professional ethical considerations in criticism.

1, 2 and 3 are contained in the Enclosures.

* Biosafety and Patient Safety Rules will be set out by the Educational Departments and will be available to the students.