

In the Name of God

Islamic Republic of Iran Ministry of Health and Medical Education Deputy Ministry for Education

Health Education and Health Promotion Degree: Doctor of Philosophy (PhD)

Total Course Credits

- Core: 20
- Non-core (Electives): 8
- Dissertation (PhD): 20

Program Description

Health Education and Health Promotion is interested in all aspects of health sciences, especially new trends such as health communication, life style, education of self-care, individual and community empowerment. The program at PhD level was launched in 1999 in Tehran University of Medical Sciences, and subsequently the medical universities of Iran, Shahid Beheshti, Isfahan, Yazd, Hamadan and Tabriz admitted students to the program. It is worth mentioning that the initial title of the program – Health Education – was replaced by Health Education and Health Promotion in 2011.

The PhD graduates in this field will acquire the knowledge and skills to identify the determinants of health and to design, implement and evaluate the health-related programs. They help in enabling people to improve and have better control over their health. The Program is mainly intended to:

- Change the behaviors of the individuals or social groups
- Improve the quality of life for people in the community
- Have an impact on Social Determinants of Health (Political and socio-economic factors)
- Create health promotion settings
- Participate in health policy meetings
- Meet the needs of scientific research and management centers

Admission Requirements

- Holding a master's degree in health education, social sciences and sociology, social welfare, medical education, midwifery, maternal and infant health, psychology and education, Nursing, health policy; or a general doctorate in medicine or dentistry, a professional doctorate in veterinary medicine, a clinical specialty or higher degrees in medicine and dentistry. The degrees should have been obtained from an accredited home or foreign university that has been approved by Iran's Ministry of Health and Medical Education and the Ministry of Science, Research and Technology.
- Taking part in an Entrance Exam administered by Iran's Ministry of Health and Medical Education. The subjects of the Exam are indicated in the box below.

Exam Subjects	Weight
The Principles and philosophy of health education and health promotion	3
Communications in health education and health promotion	2
Sociology of health	2

Education technology in health education and health promotion	2
Psychology of health	1

- Meeting the specific conditions, such as the local exams, interviews and CV, as specified by each particular university

***Important note:** The conditions indicated above do not necessarily exclude specific conditions of each particular institute or university.

Expected Competencies at the End of the Program

General Competencies*

Specific Competencies and Skills

At the end of the program learners will be competent in the following skills:

- Designing, managing and promoting health improvement programs.
- Critically evaluating research articles and scientific documents.
- Managing interventional programs in the field of health education and health promotion.
- Cooperating with policy-makers in policy making in all sectors of the society.
- Encouraging and attracting people and organizations to take part in programs on health education and health promotion.
- Communicating with the relevant bodies to seek their support for health education and health promotion.
- Developing the health awareness of individuals, groups and organizations and empowering them with the ability to make wise and healthy choices.

Educational Strategies, Methods and Techniques*

Student Assessment (Methods and Types)

- Formative (Quizzes and Midterm Exam)
- Summative (Final Exam)
- Comprehensive exam

Ethical Considerations*

*Note: The related document(s) can be found at <http://hcmeq.behdasht.gov.ir/>.

Tables of the Courses

Table 1. Compensatory Courses

Code of the course	Title of the course	Credits			Hours			Prerequisite or concurrent courses
		Theoretical	Practical	Total	Theoretical	Practical	Total	
01	Medical Information Systems*	0.5	0.5	1	9	17	26	
02	Group Dynamics	2	-	2	34	-	34	
03	Human Relations in Health Service Management	2	-	2	34	-	34	
04	Biostatistics	2	-	2	34	-	34	
05	Research Methods in Health Education and Health Promotion	2	-	2	34	-	34	
06	Health Education and Health Promotion	3	-	3	51	-	51	
07	Specialized Language	2	-	2	34	-	34	
08	Educational Technology	1	1	2	17	34	51	
09	Communication in Health Education and Promotion	2	-	2	34	-	34	
10	Health Psychology	2	-	2	34	-	34	
11	Health Promotion and Healthy Lifestyle	2	-	2	34	-	34	
12	Health Sociology	2	-	2	34	-	34	
13	Health Contemporary Challenges in the World and Iran	2	-	2	34	-	34	
14	Principles of Epidemiology	2	-	2	34	-	34	
Total								

The courses in table 1 are basic compensatory courses for the PhD program but have not been completed previously. Students should earn at least 16 compensatory course credits (Table 1) as specified by the Department of Education and approved by the Postgraduate Education Council.

*Completing this course is obligatory for those who have not completed it before.

Table 2. Core Courses

Code of the course	Title of the course	Credits			Hours			Prerequisite or concurrent courses
		Theoretical	Practical	Total	Theoretical	Practical	Total	
15	Communication in Health Education and Promotion	1.5	0.5	2	26	17	43	
16	Theories and Models of Health Education and Promotion(1)	1.5	0.5	2	26	17	43	
17	Theories and Models of Health Education and Promotion(2)	1.5	0.5	2	26	17	43	16
18	Research in Health Education and Promotion	1.5	0.5	2	26	17	43	
19	Strategies of Health Education and Promotion	-	-	2	34	-	34	
20	Planning Health Education Interventions& Planning Health Promotion Interventions	2	1	3	34	17	51	
21	Evaluation of Health Education Interventions& Evaluation of Health Promotion Interventions	1.5	0.5	2	26	17	43	
22	Community Based Health Promotion	1.5	0.5	2	26	17	43	
23	Projects and Seminars	-	1	1	34	-	34	
24	Internships	-	1	1	51	-	51	
2	Clerkship	-	1	1	6	-	68	24
2	Thesis		2	20				
Total								

Table 3. Non-Core Courses (Electives)

Code of the course	Title of the course	Credits			Hours			Prerequisite or concurrent courses
		Theoretical	Practical	Total	Theoretical	Practical	Total	
27	Youth Health Promotion	2	-	2	34	-	34	-
28	Health Promotion and Prevention of Risky Behaviors	2	-	2	34	-	34	-
29	Seniors Health Promotion	2	-	2	34	-	34	-
30	Health Promoting School	2	-	2	34	-	34	-
31	Women's Health Promotion	2	-	2	34	-	34	-
32	Workplace Health Promotion	2	-	2	34	-	34	-
33	Health Promoting Hospitals	2	-	2	34	-	34	-
34	Global Health	2	-	2	34	-	34	-
35	Making Health Policy	2	-	2	34	-	34	-
36	Ethics in Health Education and Health Promotion	2	-	2	34	-	34	-
37	Design and Evaluation of Media	2	-	2	34	-	34	-

38	Research in Health Education and Promotion	2	-	2	34	-	34	-
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Total

Student should earn 8 credits from the courses in table 3, based on their dissertation need, supervisor approval, and confirmation of Postgraduate Education Council.

<p>Jamshid Hajati PhD Secretariat of the Council for Education of Health and Basic Medical Sciences (Undergraduate and Postgraduate)</p> 	<p>Seyed Mansour Razavi MD Secretary of the Supreme Council for Medical Sciences Planning</p> 
<p> Bagher Larijani MD Deputy for Education Ministry of Health and Medical Education</p>	