



Tehran University of Medical Sciences, International Campus
Office of Vice Dean for Student and Cultural Affairs

TUMS Professional Ethics and Social Regulation Guidelines

As a member of the TUMS family, faculty members, students and employees should always observe professional ethics and social regulations regarding their style of clothing. By observing the following fundamental rules, one must always try to spread the values regarding appropriate clothing in academic and professional environments.

- One must try to uphold the dignity and respect of the university and all medical careers.
- One must show decency and encourage calmness and trust in those who receive service.
- One must avoid spreading infections and keep out of harm the immunity of oneself and that of his or her patients.
- Smoking is Prohibited in any indoor area.
- Using Cellphone or any kinds of Audio Instruments is Prohibited in Educational and Clinical Places .

Any point not explicitly mentioned in this guideline will be in accordance with the basic rules mentioned above.

Clothing

1. Clothes need to be clean and tidy and ordinary in appearance.
2. Clothes need to be loose in order for the body to move freely, as well as to uphold professional values.
3. Clothes need to be in regular and normal colors and should be free of commercial advertising or unconventional signs, messages or other graphic material.
4. Based on the principles regarding clothing in medical centers, individuals are required to wear tidy and buttoned uniforms. One must not wear scrubs



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except in places and situations allowed by the principles regarding clothing in medical centers; otherwise, individuals must also wear a white uniform over their scrubs.

5. While on a clinical site, individuals must attach their ID cards to their clothes on a noticeable spot.
6. Individuals must wear socks and shoes appropriate for their academic and professional environments.
7. Ladies are required to wear head scarves and observe their hijab in a way that their hijab follows Islamic values and, at the same time, does not interfere with their clinical activities.
8. Other pieces of clothing over work uniforms which interfere with clinical activities should be avoided.

Makeup and Jewelry

1. The appearance of individuals in clinical areas and academic environments need to be regular, tidy and without makeup.
2. Wearing jewelry evident in plain sight should be avoided with the exception of wedding rings.
3. Fingernails need to be short, tidy and clean. Nail polish and artificial nails should be avoided.

Hygiene

1. Individuals must take great care in observing their personal hygiene, including the cleanliness of hair and body.
2. Wearing heavy perfumes or colognes in the clinical sites of the university should be avoided.