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Poster Presentation

Davoud Shojaeizadeh
 Tehran University of Medical Sciences, Iran
 Title: The effect of educational intervention based on PRECEDE model for Anxiety of nursing staff of Alzahra Hospital in Rasht, 2016

Biography Abstract

Regina Gentlesk Green
 Villanova University School of Nursing, USA
 Title: Improving Knowledge Through an Educational Program on an Integrated Care Pathway for Self-Injurious Behavior (SIB) and Intellectual and Developmental Disability (IDD)

Biography Abstract

Suhathai Tosangworn
 University of Nottingham, UK
 Title: Predictors of depressive symptoms in older adults living in care homes in Thailand

Biography Abstract

Mariela L. Lara-Cabrera
 Norwegian University of Science and Technology, Norway
 Title: Effects of peer co-led educational mental health programmes on patient activation: A systematic review and meta-analysis of randomised controlled trials

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Abstract

Anxiety is a more mental disorder in many countries. The global prevalence of anxiety has estimate 12%. Anxiety is in all of the occupation but it is more important in hospital staffs special among nurses. The prevalence of Anxiety among nurses higher than other people. This study was done in Alzahra hospital on 64 members of the nursing staffs according spielberger questionnaire. Individuals were divided randomly in intervention and control groups. Assaying of Anxiety was done using spielberger questionnaire and for assaying intervention we used designed questionnaire based on PRECEDE model. The educational intervention was done in 4 session was done according to PRECEDE model (Predisposing factors- Enabling factors- Reinforcing factors).The results of this study showed that the mean of Anxiety score and also predisposing factors, Enabling factors, Reinforcing factors before of training in two groups did not significant difference, but after of training the amount of Anxiety score was significant decreased score in intervention group in comparison to control group, also after of training the amount of Predisposing factors-Enabling factors-Reinforcing factors increase significantly in intervention group comparison to control group(p<0.05). The effect of reduction training based PRECEDE model in reduction of anxiety in nursing staffs. PRECEDE model is the best theory model in planning of health education and health promotion.

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