aPDT in eradication of A. actinomycetemcomitans by three different photosensitizers

Nasim Chiniforush¹, Maryam Pourhajibagher², Abbas Bahador³

- ¹ DDS, PhD of laser Dentistry, Laser Research Center of Dentistry, Dentistry research institute, Tehran university of Medical Sciences, Tehran, Iran.
- ² Dental Research Center, Dentistry Research Institute, Tehran University of Medical Sciences, Tehran, Iran.
- ³ Department of Microbiology, School of Medicine, Tehran University of Medical Sciences, Tehran, Iran.

Introduction: Elimination of bacteria is a main goal in treatment of periodontitis. *Aggregatibacter actinomycetemcomitans* is considered as an important periodontal pathogen found particularly in aggressive periodontitis. The aim of this study was to compare the three different photosensitizers including Toluidine blue (TBO), Methylene blue (MB), indocyanine green (ICG) activated with appropriate wavelength against *A. actinomycetemcomitans*.

Materials & Methods: The anti-bacterial effect of anti-microbial photodynamic therapy (aPDT) against *A. actinomycetemcomitans* ATCC 33384 strain was determined at concentrations of 1.9-1000 μ g/mL of ICG, 0.1-100 μ g/mL of TBO and 0.1-100 μ g/mL of MB activated by 808 nm, 635 nm and 660 nm, respectively.

Results: aPDT with all three photosensitizers with higher concentration showed significant reduction in *A. actinomycetemcomitans* growth when compared to the control group.

Conclusion: This new approach of using aPDT is less traumatic and quicker in the treatment of periodontal diseases. As a new approach, aPDT could be useful as an adjunct to conventional therapy.

Keywords: aPDT, Aggregatibacter actinomycetemcomitans, Periodontitis.