

invitation
Package

International Public Health

This summer ...
SUMMER
10-12 Sep 2013
Iran - Hish Island

on **HEALTH**
PROMOTION
and **MANAGEMENT**

IRANSCOPH
IFMSA-IRAN TSD

School
13-15 Sep
Including
Post-School
TOT & TOT

TEHRAN UNIVERSITY
OF MEDICAL SCIENCES
INTERNATIONAL CAMPUS





In the name of God

International med Students' Public Health Summer School (IPHS)
on Health Promotion and Management
10-12 September 2013

and

IFMSA-IRAN 1st International TNT - TOT
13-15 September 2013

IRAN, Kish Island

Standing Committee on Public Health
Training Support Division
IFMSA-IRAN

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Introduction

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W elcome to Kish Island

Kish Island is surrounded by soft golden beaches, palm trees and crystal clear waters, in a place where time moves imperceptibly. The island offers relaxation combined with adventure in a destination that is unspoiled by commercialization, with its refreshing natural beauty and the simple lifestyle of its people is still very much intact.

Kish Island is a resort island lapped by the sheltered waters of coral-edged lagoons, home to many of the world's species of reef fish. Snorkeling in the Kish Island is amongst the best in the world, whilst scuba diving offers an even more spectacular insight of life beneath in waters.

Kish Island lies like a pearl across the turquoise waters of the Persian Gulf and is a heaven of peace and tranquility fringed by sandy beaches and coral reefs vivid with colorful fish.

For the diving enthusiasts the island has its own PADI/SSI Dive Center.

A variety of other water sports are also available. Jet-skiing, sailing, fishing, parasailing, reef walking, coral viewing, boating and water skiing are just a few popular ways to spend the time and enjoy yourself during your visit to the Island.

These are just few reasons that have turned Kish Island into a popular vacation destination in the region. All together, Kish Island offers a stunning variety of cultures, scenery, sports, duty-free shopping and entertainment.



Hotels provide every comfort, shops offer an enormous variety of goods, and superb food is served in establishments ranging from country into elegant restaurants.

It is not surprising that Kish Island attracts visitors from all over Middle East, and increasingly nowadays, from other countries around the world. The Sunshine Island has a climate that allows visitors to enjoy its attractions to the fullest and Kish really does have something for everyone, no matter what they may seek from a vacation.

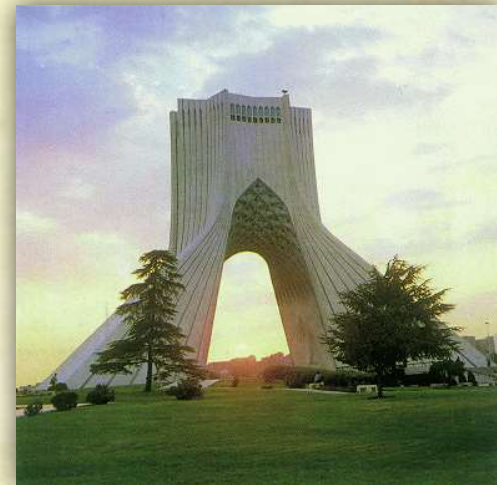
For more information [click here](#).

About Iran

Iran is a country in southwest Asian, country of mountains and deserts. Eastern Iran is dominated by a high plateau, with large salt flats and vast sand deserts. The plateau is surrounded by even higher mountains, including the Zagros to the west and the Elburz to the north. Its neighbors are Turkmenistan, Azerbaijan and Armenia on the north, Afghanistan and Pakistan on the east, and Turkey and Iraq on the west.

Tehran is the capital, the country's largest city and the political, cultural, commercial and industrial center of the nation. Iran is a regional power, and holds an important position in international energy security and world economy as a result of its large reserves of petroleum and natural gas.

Iran is a diverse country consisting of people of many religions and ethnic backgrounds cemented by the Persian culture. The majority of the population speaks the Persian language, which is also the official language of the country, as well as other Iranian languages or dialects. Turkic languages and dialects, most importantly Azeri language, are spoken in different areas in Iran. Additionally, Arabic is spoken in the southwestern parts of the country.



The design of the National flag of Iran consists of three identical horizontal bands of green on top, white in between, and red below. The National emblem which represents the name of Allah is placed on the center of the white band. The three colors of the National flag of Iran have symbolic connotations. The green stripe stand for growth and prosperity, white stands for peace and red is the color of the blood shed by the martyrs for the country's freedom.



Iranian official calendar, regulate according to Solar year & Iranian months. 21 March, equal 1 Farvardin, is beginning of Iranian New Year. Also in Iran, Lunar calendar announce officially. Lunar year is 10 days less than Solar year ,so days of performing religious rites, that adjust according Lunar calendar, each year is different from next & former years.

Iran's climate ranges from arid or semiarid, to subtropical along the Caspian coast and the northern forests. From cold weather in North West to hot climate at south, you can find all 4 seasons by traveling along Iran.

The currency in Iran, or the money used, is called the rial (pronounced 'reeyaal').

For more information visit [this link](#).

FMSA-IRAN President's letter

Dear IFMSA family...

This year, the great IFMSA-Iran family is experiencing its 2nd year of full membership in our beloved federation. The history of knowing and working with IFMSA goes back to long before that, when a team of young but at the same time goal oriented and experienced enough of Iranian students tried to move toward the federation greatest goals and by creating an national network of medical students in Iran, connect this platform to the worldwide medical students' associations through IFMSA. All these years have passed full of excitement, full of interesting stories and full of things to learn for all of us. And now, when I look at this only 4 year's old organization and I see it preparing for an international summer-school, I cannot believe the way we moved on to reach this point. It was our belief, it was our efforts and it was all our friend's help nationally and internationally.

The first IPHS summer-school is one of the first but firmest steps we are putting forward to play our role internationally in the field of health education. We do believe that how important this first event might be and therefore are putting as much effort as possible into it. The whole event is managed by our amazing SCOPH team, leading by **Dr. Aidin Parnia**, whose experience in public health has always helped us to have an active and leading standing committee in public health. The content he and his team has prepared for this school is fully thought and greatly designed to aim the development of

public health related and needed skills in all participants. I have also to mention the first international TNT/TOT organized as a post-school program, managed by our TSD-officer, **Miss. Mahsa Gharzi**, also a devoted and experienced member of our TO. Both events are held in Kish, the most beautiful island of Iran by its nice facilitation for visitors and especially foreigners.

To make it short, we have put as much as we can in this event and we do look forward to meet as many numbers as possible of our great IFMSA family in Iran this September.

All the best,
Pouria Rouzrokh
IFMSA-Iran President, 2012-2013

IFMSA-IRAN Team of Officials 2013





C's Message

Dear IFMSAians,

At the end of this summer, we are honored to host med students around the world on International med students' Public Health Summer School (IPHS) and IFMSA-IRAN 1st International Training New Trainers (TNT) and Training Old Trainers (TOT) workshops on beautiful Pearl of Persian Gulf, Kish Island. We wish to express our deep delight to invite you to this memorable event.

As an Organizing Committee we have been working hard to ensure your satisfaction during this summer school and create an unforgettable experience in your mind.

Surrounded by golden sands of Kish Island beaches, we are going to improve our knowledge on Health Promotion and Management, which is the theme of IPHS 2013. Also we will be IFMSA new or old trainers.

IPHS 2013 offers 6 days learning opportunity with relaxation combined with adventure with low fees, no visa requirement and a great trip to the best tourist resort in Iran. We are looking forward to meet you in Kish Island and spend a great time together.

Orange Hugs

*Aidin Parnia; NPO of IFMSA-IRAN & Chair of IPHS 2013
and IPHS 2013 Organizing Committee*

IRAN-SCOPH at Photo Glance



Programming

- IPHS 2013 Theme
- Post-IPHS TNT & TOT
- Venue and Accommodation
- Social Programs



PHS 2013 Theme

Health Promotion and Management

International med students' Public Health Summer School 2013 theme; Health Promotion and Management which is one of Public Health higher education concentrations, represents our hopes to strengthen health service management especially in primary health care. We wish through IPHS 2013 empower junior doctors' understanding of health system, primary health care and global health issues.

IPHS 2013 provides basic knowledge transfer opportunity for med students' who have passion for community health promotion and want to taste a bite of public health pie. Even for those you wish for medical practice careers, IPHS 2013 will be a good reason to build up their abilities on health services and intervention management. So, Major topics of IPHS 2013 are:

- Primary Health Care
- Need Assessment and Situation Analysis in Public Health
- Social Determinants of Health
- Global Health
- Strategies for Public Health Services and Interventions
- Strengthening Health Management in low setting countries
- Reducing Health Inequalities
- Research Methods in Public Health

Most of IPHS 2013 topics will be present and facilitated by IFMSA official trainers or medical students with high level training experience and public health activities. IPHS 2013 OC will check contents of all topics to make sure about the quality of content and knowledge transfer. Practical approach rather than theoretical presentations and careful selecting attendants let IPHS 2013 trainers to keep their audience in line with desired educational goals.



All topics will be discussed basically and no previous knowledge is required. By the way, we hope these basic introductions and small working groups on social determinants approaches to public health make basic understanding of today's public health approach and useful background for future doctors' field of practice.

Post-IPHS TNT & TOT

Imagine that a patient with a chief complaint of loss of consciousness comes to your emergency department, you are the first one who visits the patient and you need to take a history but the patient concomitant is in an inconvenient situation. How would you make an effective connection to him or her and get your information?!

Or imagine that you need teamwork to manage a patient how would you manage your team?!

You don't have much time to think and decide. How would you manage your time to make your decision?

These are questions that face to any of us as a medical student and actually a doctor. But in practice we do not have any academic answer for them.

Managing these critical situations will be easier when we scientifically learn how to do that.

And also as a medical student in a society we need to know how to communicate, how to manage our daily works and our time, how to use networks to share our ideas. Where is the place that we can learn these abilities?



In international federation of medical students association, training and learning is one the most purposes, especially in those skills that we have not any resources for them in medical school.

Training new trainers workshop (TNT) are international workshops that happened to fill this lack of education between medical students and to train persons who can train other persons as a national IFMSA trainer.

IFMSA TNT & TOT are unique opportunity for med students to empower their general skills. Because of this, IPHS 2013, will be continued by TNT & TOT workshops on Sep 13-15.



What is a Training New Trainers Workshop? (TNT)

It's a three day workshop intended to give the participants all the skills needed to conduct a two hour session in any field of non-formal education. The most common themes are directly focused during the TNT, but, in the end, the trainers' ability goes one step further. After finalizing the TNT, you should feel comfortable to do a training session in whichever theme of non-formal education. With sufficient time, you should be capable of knowing where to look for information, selecting and applying the knowledge to build the training sessions asked for. An important aspect that is intended during the TNT is to train by helping the participant develop his/her personality and allow him to become more aware of the needs of the group he/she is dealing with.

What is a Training Old Trainers Workshop? (TOT)

This workshop is strictly for already trainers and its aim is to go deeper in the knowledge and management capacities since, after the TOT, the participants should be able to organize, coordinate and conduct TNT. The complication of this workshop is centered in the fact that once completed, the participants really need to have the capacities to know how to reach participants, anticipate issues and, most importantly, be capacitated to advise participants willing to become trainers correctly. Using this opportunity, the Training Support Division also profits from having a large number of experienced trainers to develop more concretely the roots of the Division; potentiating the stability of this one and promoting it to adapt as quickly as possible to novelties.

Venue and Accommodation

Shaygan Hotel which is located in east of island in the center of shopping centers and markets will be IPHS 2013 official hotel and venue. This 5 star hotel with 11,000 square meters was opened in the early 2003.

The architecture is designed in a way that all the rooms and corridors with 4 fire stairs and 3 guest elevators (lifts) and 2 views of the gulf and island are higher than the usual standards.

Moreover most of the rooms have views of the sea with a variety of different colours which gives our guests a wider range to choose from. On the other hand the 2 to 5 minute walk to Paniz and Pardis shopping malls puts us in a special place.



Also the hotel offers a variety of facilities for the guests. These facilities include Sauna and Pool, Billiard salon, Health club, Spa room and some other features. You can have a cup of coffee in one of the hotel coffee shops while you have the view of blue sky and blue sea together at sunrise. Moreover, you can have Iranian food or foreign food in the hotel restaurant with the view of Persian Gulf.

We will be hosting our summer school, TNT, and TOT in the conference saloons in Shaygan hotel. These saloons are designed in such a way that makes them the best choice for performing conferences and seminars.



Shaygan Hotel.

Address: Rodaki blvd, Opposite Pardis market, Kish Island

Phone: +98764 - 4422444

Fax: +98764 - 4420617

Email: info@shayganhotel.com

Website: www.shayganhotel.com

Social Programs

Kish is Iran's best tourist resort with many different attractions for different tastes. IPHS 2013 offers at least 5 social programs from relaxation to adventures. We will make sure you will enjoy your trip to Kish Island by choosing attendees' most wanted social programs. IPHS 2013 social programs are excluded from regular registration fee and attendees can choose their desired social programs at desk.



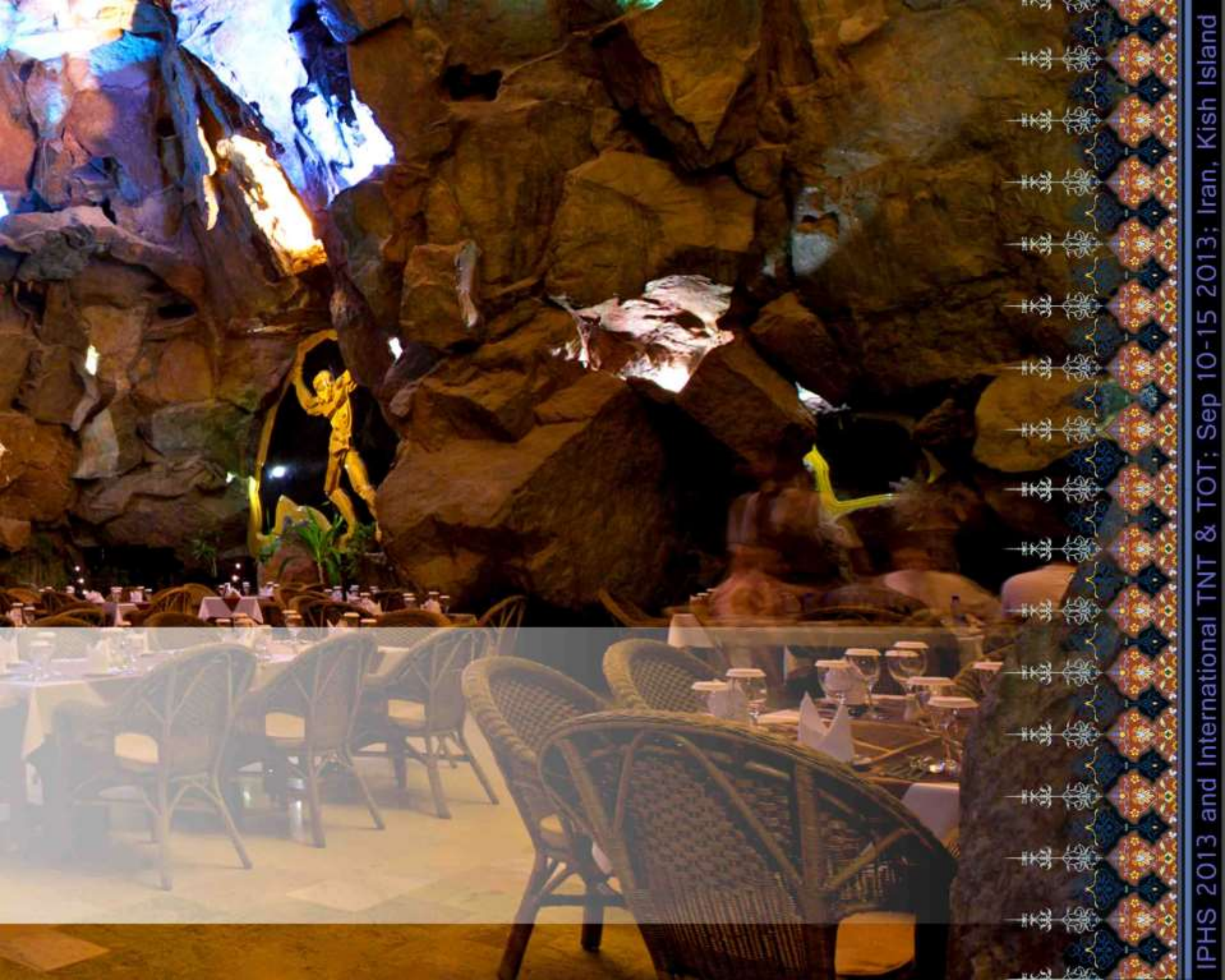
Some of IPHS 2013 social programs are listed below:

- Kish Island Tour (The Ancient Town of Harireh, Greek Ship, Payab and Qanat)
- Water Sports (including jet skiing, Glider Flying, Scuba Diving and etc.)
- Dolphin park
- Glass-bottomed boats
- Dinner at Kish Island best restaurant
- Tour to Kish Island best Malls



Registration and Logistics

- Registration
- No visa
- Traveling
- Other useful informations



R

egistration

Registration is scheduled to open by Saturday, July 20 and will be accessible via the IPHS website (IranIPHS.wordpress.com)

- Early Registration Application deadline: Sunday, August 11, 2013
- Early Registration Payment deadline: Saturday, August 24, 2013

- Late Registration Application deadline: Wednesday, August 28, 2013
- Late Registration Payment deadline: Wednesday, September 4, 2013

Cancellation:

The cancellation and full refund is just available for early registration applications.

The cancellation deadlines and percent of refund are listed below:

- early registered applications; August 28; full refund
- early registered applications; September 4; 50% refund
- late registered applications; September 7; 25% refund

IPHS 2013 registration application requirements:

- Registration form
- Motivation letter (Max 500 words)
- Curriculum Vita (CV)

You can fill the IPHS 2013 online Application Form on [IPHS website](#) or [this link](#).

IPHS 2013 OC will review all applications and replay to all submitted applications by email and payment instruction and further requirements will be sent to accepted applications too.

Registration Fees

Early registration

- Full IPHS 2013 courses (Public health + TNT or TOT); Sep 10-15; 250\$
- Public Health course; Sep 10-12; 150\$
- TNT Workshop; Sep 13-15; 150\$
- TOT Workshop; Sep 13-15; 180\$

Late registration

- Full IPHS 2013 courses (Public health + TNT or TOT); Sep 10-15; 350\$
- Public Health course; Sep 10-12; 200\$
- TNT Workshop; Sep 13-15; 200\$
- TOT Workshop; Sep 13-15; 230\$

- Accommodation, breakfast, lunch, programmed transports in Kish Island and arrival and departure to/from Kish International Airport are included in registration fee.



No Visa

Foreign nationals need no visa at the authorized arrival and departure points of Kish Island. At Kish international airport the officials will just stamp your passport, which allows you to stay up to 14 days in the Island.

Kish Island acts as a gateway to connect you to the mainland Iran with its world of attractions.

In case you wish to visit other parts of Iran, please contact the Ministry of Foreign Affairs Kish office:

*Ferdous villas, Complex No.2, Ferdousi St,
Kish Island, Iran*

Tel: (+ 98 764) 4420734

Fax: (+ 98764) 4420234



Tourist visas will be granted by the Ministry of Foreign Affairs Kish office within 48 working hours. (Thursdays and Fridays are holidays). Kish has an international airport and there are many flights from the Island to the major cities of the mainland.

T raveling

All IPHS 2013 should travel to/from Kish International Airport. IPHS 2013 OC team will welcome attendees at airport and transport them to accommodation place. There are daily flights to/from Kish International Airport from/to Dubai and Sharjah. Kish Airlines provide these flights. If you don't live in UAE you should change your flight at one of these airports. Please check your flight departure and arrival time carefully and tell us about exact times of your flight to help us to provide better services for you.





Contact

- IPHS 2013 Organizing Committee
- Contact IFMSA-IRAN



IPHS 2013 Organizing Committee

Aidin Parnia; IPHS2013 Chair

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Pouria Rouzrokh; IPHS2013 Honorary Chair

IFMSA-IRAN President | President@ifmsa-iran.ir | pouria1313@gmail.com |

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IFMSA-IRAN Public Health Executive and Liaison Officer | lo-scoph@ifmsa-iran.ir | shervin.badihian@gmail.com |

Mahsa Gharzi; IPHS2013 Training Secretary

IFMSA-IRAN Training Support Division Officer (TSDO) | training@ifmsa-iran.ir | mahsagharzi@gmail.com |

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IFMSA-IRAN VicePresident External (VPE) | vpe@ifmsa-iran.ir | melika.hanifiha@gmail.com |



Contact Information

IRAN Medical Students Association

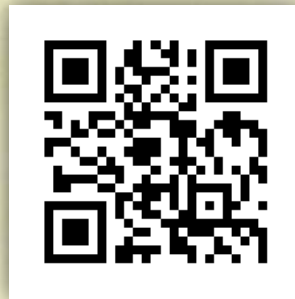
No. 56, Vesal Shirazi St. Keshavarz Avn. Tehran. IRAN

International med students' Public Health Summer School (IPHS)

<http://IranIPHS.wordpress.com/>

IranIPHS@gmail.com

Do not hesitate to contact us for any issue about IPHS 2013



Supported by





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