

CURRICULUM VITAE

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Education

- BSc in Nutrition, Shaheed Beheshti University of Medical Science, Tehran, IRAN. **1994-1998**
- MSc in Nutrition, Shaheed Beheshti University of Medical Science, Tehran, IRAN. **1999-2001**
- PhD in Nutrition, Shaheed Beheshti University of Medical Science, Tehran, IRAN. **2001-2006**
- Fellowship in Nutrition from Harvard School of Public Health, Boston, MA **2006-7**

Member of Editorial Board

- Journal of Nutrition (Editorial Board)2007-2011
- British Journal of Nutrition (Editorial Board).....2010-2014
- Journal of Health System Research (Editorial Board).....2007-2014
- Recent Patents in Food, Nutrition and Agriculture (Editorial Board).....2009-2013
- World Journal of Diabetes (Editorial Board).....2010-current
- Journal of Nutrition Science (Editorial Board).....2012-current
- International Journal of Preventive Medicine (Editorial Board).....2011-current
- ARYA Atherosclerosis (Editorial Board).....2012-current

Publications in peer-reviewed Journals

1. Rouhani MH, Najafabadi MM, **Esmailzadeh A**, Feizi A, Azadbakht L. Dietary Energy Density, Renal Function, and Progression of Chronic Kidney Disease. *Adv Med.* 2016; 2016: 2675345.
2. Fazel-Tabar Malekshah A, Zaroudi M, Etemadi A, Islami F, Sepanlou S, Sharafkhah M, Keshtkar AA, Khademi H, Poustchi H, Hekmatdoost A, Pourshams A, Feiz Sani A, Jafari E, Kamangar F, Dawsey SM, Abnet CC, Pharoah PD, Berennan PJ, Boffetta P, **Esmailzadeh A**, Malekzadeh R. The Combined Effects of Healthy Lifestyle Behaviors on All-Cause Mortality: The Golestan Cohort Study. *Arch Iran Med.* 2016 Nov;19 (11):752-761.
3. Azadbakht L, Haghghatdoost F, Keshteli AH, Larijani B, **Esmailzadeh A**. Consumption of energy-dense diets in relation to metabolic syndrome and inflammatory markers in Iranian female nurses. *Public Health Nutr.* 2016 Nov 16:1-9.
4. 4: Karimi G, Azadbakht L, Haghghatdoost F, **Esmailzadeh A**. Low energy density diet, weight loss maintenance, and risk of cardiovascular disease following a recent weight reduction program: A randomized control trial. *J Res Med Sci.* 2016 May 9;21:32.
5. Soleimani A, Zarrati Mojarrad M, Bahmani F, Taghizadeh M, Ramezani M, Tajabadi-Ebrahimi M, Jafari P, **Esmailzadeh A**, Asemi Z. Probiotic supplementation in diabetic hemodialysis patients has beneficial metabolic effects. *Kidney Int.* 2017 Feb;91(2):435-442.
6. Kabiri A, Hosseinzadeh-Attar MJ, Haghghatdoost F, Eshraghian M, **Esmailzadeh A**. Impact of olive oil-rich diet on serum omentin and adiponectin levels: a randomized cross-over clinical trial among overweight women. *Int J Food Sci Nutr.* 2016 Dec 8:1-9.
7. Rouhani MH, Mortazavi Najafabadi M, Surkan PJ, **Esmailzadeh A**, Feizi A, Azadbakht L. The impact of oat (*Avena sativa*) consumption on biomarkers of renal function in patients with chronic kidney disease: A parallel randomized clinical trial. *Clin Nutr.* 2016 Dec 2. pii: S0261-5614(16)31339-5
8. Farrokhian A, Raygan F, Bahmani F, Talari HR, Esfandiari R, **Esmailzadeh A**, Asemi Z. Long-Term Vitamin D Supplementation Affects Metabolic Status in Vitamin D-Deficient Type 2 Diabetic Patients with Coronary Artery Disease. *J Nutr.* 2017 Jan 25. pii: jn242008.

9. Mohammadifard N, Talaei M, Sadeghi M, Oveisegharan S, Golshahi J, **Esmailzadeh A**, Sarrafzadegan N. Dietary patterns and mortality from cardiovascular disease: Isfahan Cohort Study. *Eur J Clin Nutr.* 2016 Oct 19. doi: 10.1038/ejcn.2016.170.
10. Saraf-Bank S, Haghghatdoost F, **Esmailzadeh A**, Larijani B, Azadbakht L. Adherence to Healthy Eating Index-2010 is inversely associated with metabolic syndrome and its features among Iranian adult women. *Eur J Clin Nutr.* 2016 Sep 28. doi: 10.1038/ejcn.2016.173.
11. Mohammadifard N, Khosravi AR, **Esmailzadeh A**, Feizi A, Abdollahi Z, Salehi F, Sarrafzadegan N. Validation of Simplified Tools for Assessment of Sodium Intake in Iranian Population: Rationale, Design and Initial Findings. *Arch Iran Med.* 2016 Sep;19(9):652-8.
12. Saneei P, Larijani B, **Esmailzadeh A**. Rice consumption, incidence of chronic diseases and risk of mortality: meta-analysis of cohort studies. *Public Health Nutr.* 2016 Aug 31:1-12. [Epub ahead of print]
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- 13) Independent and inverse association of hip circumference with metabolic risk factors in Tehranian adult men. 18th International Congress of Nutrition, Durban, South Africa, **Sep 2005**
- 14) Comparative evaluation of anthropometric measures to predict cardiovascular risk factors in Tehranian adult women. 18th International Congress of Nutrition, Durban, South Africa, **Sep 2005**
- 15) High prevalence of the metabolic syndrome phenotype in Iranian children. 18th International Congress of Nutrition, Durban, South Africa, **Sep 2005**
- 16) Prevalence of the hypertriglyceridemic waist phenotype in Iranian adolescents. 18th International Congress of Nutrition, Durban, South Africa, **Sep 2005**
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- 24) Fruit and vegetable intakes, C-reactive protein and the metabolic syndrome. 10th European Nutrition Conference. Paris, France. **July 2007**
- 25) Major dietary patterns, insulin resistance and prevalence of the metabolic syndrome among women. 10th European Nutrition Conference. Paris, France. **July 2007**
- 26) Soy protein intake and kidney-related biomarkers among type 2 diabetics: a cross-over randomized trial. 5th International Congress on Soy and Health. Ghent, Belgium, **June 2008.**

Reviewing papers for peer-reviewed journals:

- Circulation
- British Journal of Nutrition
- Journal of Nutrition
- European Journal of Clinical Nutrition
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- International Journal of Obesity
- American Journal of Public Health
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