

Short Biography:

Karen Durrant, RN, BSN is the president and founder of the Autoinflammatory Alliance, a nonprofit organization dedicated to improving awareness, care and treatment for patients with autoinflammatory diseases, in addition to her role as a pediatric Registered Nurse in San Francisco, CA. She is the patient organizations representative for the International Society of Systemic Auto-inflammatory Diseases (ISSAID), the CARRA autoinflammatory disease working group lead patient representative, and is a member of the patient research group advocating for autoinflammatory diseases with the COVID-19 Global Rheumatology Alliance (rheum-covid.org). Karen has helped to facilitate a number of collaborative research efforts that have brought a global team of medical experts together to establish consensus recommendations for the diagnosis, care and treatment of interleukin-1 mediated, and interferon-mediated autoinflammatory diseases that have been presented at the ISSAID Periodic Congress, and will be published in 2022 with the support from EULAR. Other autoinflammatory disease consensus guidelines are also being worked on as well. Karen has co-authored a number of publications and materials for improving awareness and understanding of autoinflammatory diseases for patients and medical professionals, and helped to co-author and manage a team of medical experts to develop the Comparative Chart of Systemic Autoinflammatory Diseases that is now a searchable, digital database at autoinflammatory-search.org. She also has three children. One child has a complex systemic autoinflammatory disease, and another child has a different rheumatic disease. She is also a founder and moderator of a few private patient communities for over 7,200 autoinflammatory disease patients and caregivers, and is a moderator for RareConnect for autoinflammatory diseases.