

Report of programmed trip to Germany, World Health Summit-YPL Dr Kosar Asnaashari

The IAP (Inter Academy Partnership) Young Physician Leaders (YPL) program trains emerging leaders (under the age of 40) in the fields of medicine and public health, i.e., clinicians, educators, researchers and health policy makers. YPL is a peer-support networking which helps the participants improve health in their countries and globally.

IAP launched **Young Physician Leaders (YPL) programme** in 2011 in partnership with the World Health Summit (WHS) and the M8 Alliance of Academic Health Centres and Medical Universities. The sessions have been held at each WHS since 2011.

I was chosen as a candidate from Iran to take part at this year's YPL program at Berlin, Germany, among 21 YPL participants from around the globe. The participants were physicians from different countries such as Australia, England, USA, Germany, India, Sri Lanka, South Africa, Philippines, Palestine, Argentina, and Italy.

The program started with three days of leadership workshops which took place at The European School of Management and Technology (ESMT). It is a private non-profit business school based in Berlin, located in the former GDR (East Germany) State Council Building. The topics of the workshops included Introduction to Leadership Experiences, team decision making, leadership styles, and ambidextrous leadership. We also visited Bayer Foundation at Berlin. The purpose at Bayer Foundation is to catalyze science and social innovation for a world with Health for All and Hunger for None. I had a presentation there introducing mentoring program for pediatric residents of Tehran University of Medical Sciences, Tehran, Iran.

After three days of intense workshops, WHS event started. The first night was WHS Virchow prize for global health. Virchow prize recognizes and celebrates innovations with significant impact on the broad health challenges. At this year Dr John Nkengasong Director of the Africa Centers for Disease Control and Prevention was chosen and awarded.

This year's WHS was held alongside WHO annual congress. There were several panels regarding public health. On the last day, the YPL group had a panel to introduce the results of their collaboration. The panel consisted of three mini-panels: leadership, gender equity, and digital health. I spoke in the leadership mini-panel.

All in all, this experience has been one the greatest experiences of my academic life. We are still connected with the YPL group and we are writing a multi-disciplinary article on public health challenges of different regions. I hope that I can transfer what I have learnt to the physicians in my country.