Course Types	Credits				
Core	20				
Non-Core	6				
Thesis	6				
Total	32				

Table A: Compensatory Courses

Code	Courses	Units			Hours			Prerequisite
		Theoretical	Practical	Total	Theoretical	Practical	Total	, i roroquioito
1	Academic English	2	-	2	34	-	34	-
2	*Health information system	0.5	0.5	1	9	17	26	-
3	Computer application in health data analysis	2	-	2	34	-	34	-
4	Epidemiology principals	2	-	2	34	-	34	-
5	Communicable and non-communicable disease prevention principals	2	-	2	34	-	34	-
6	Health services principals	2	-	2	34	-	34	-
7	Environmental health principals	2	-	2	34	-	34	-
8	Nutrition principals	2	-	2	34	-	34	-
	TOTAL			15			264	

According to the department schedule MSPH students must take all or some units from above topics.

^{*}This is a compulsory credit for all candidates who have not passed this before.



Table B: Core Courses

Code	Courses	Units			Hours			Prerequisite
		Theoretical	Practical	Total	Theoretical	Practical	Total	
9	Health Sociology	2	-	2	34	-	34	-
10	Health behavior psychology	2	-	2	34	-	34	-
11	Biostatistics	2	-	2	34	-	34	-
12	Educational technology and methods	2	1	3	34	34	68	-
13	Communication in Health Education & Promotion	1	1	2	34	17	51	-
14	School Health Education & Promotion	2	-	2	17	34	51	-
15	Health Education & Promotion (1)	2	-	2	34	-	34	-
16	Health Education & Promotion (2)	2	-	2	34	-	34	15
17	Research in Health Education & Promotion	2	-	2	34	-	34	11
18	Training	-	1	1	-	51	51	-
	TOTAL			20				

Table C: Non-Core Courses

Code	Lesson Name	Number of credit		Preliminary		
			Theory	Practical	Total	
19	Human relations in health care management	2	34	-	34	-
20	Group dynamism	2	34	-	34	-
21	Health promotion &lifestyle	2	34	-	34	-
22	Health Education in workplace	3	34	-	34	-
23	Informational program in Health Education & Promotion	2	34	-	34	-
24	Health Education in health care setting	2	34		34	-
	Total	12	204	-	204	-

The students must take 6 units from the above topics should be relevant to MSPH thesis.



Courses and Lesson Plans for the First Semester

Courses plan

Health information system

- 1. Health Sociology
- 2. Health behavior psychology
- 3. Biostatistics
- 4. Health Education & Promotion (1)
- 5. Health promotion & lifestyle
- 6. Computer application in health data analysis

<u>Lesson plan</u>

Health information system

- History of computer and information system
- Basic about information processing by computer
- Different components and functions of hardware
- Introducing Office software
- History and basic concepts of internet
- Usage of Databases
- Providing and usage of email groups
- Providing and usage of personal weblogs

Health Sociology

- History of Sociology role in Health Promotion
- Definition and Health Sociology dimensions
- Environment, Society and health and disease
- Social determents of Health promotion
- Socialization and Health promotion
- Sociology, art and Health promotion
- Effect of cultural factors in heath decision and Health promotion
- Quality and quantity indices of Health promotion
- Social Problems in developing countries
- Deviation, social disease and problems

Health behavior psychology

- Definition, principals of health behavior psychology
- Definition, principals and change process
- Principals of learning psychology
- Application of learning theories in behavior change
- Principals and new approach of behavior change
- Educational and change behavior models
- Principals and theoretical of motivation, knowledge and change behavior in Health education and promotion

Biostatistics

- One and two way ANOVA
- Dependent samples and random sampling
- Mean tests

- Random blocked
- Linear Correlation
- Regression
- Common tests usage
- Fisher Exact test
- McNamara test

Health Education & Promotion (1)

- Philosophy, principals and role of that in health and health education
- History of public health and Health Education & Promotion
- Definition and concepts of Health Education
- Definition and concepts of Health promotion
- Goals and duties of Health Education & Promotion
- Application role of Health Education & Promotion in health sciences

Health promotion & healthy lifestyle

- Definition and dimension of Health promotion &lifestyle
- Fundamental of principals in forming Health promotion &lifestyle
- Epidemiologic transition about Health promotion &lifestyle
- Basic views and healthy lifestyle
- Health promotion dimensions and healthy lifestyle
- Health cities and its characteristics
- Healthy environment, healthy work place and Health promotion
- Health promotion & healthy lifestyle
- Healthy eating & healthy lifestyle



- Physical activity & healthy lifestyle
- Sex education and healthy lifestyle
- Aging and healthy lifestyle

Computer application in health data analysis

- Software SPSS
- Data Entry
- Variable definitions
- SPSS output
- Graphics
- Data analyzing tests

Courses and Lesson Plan for the Second Semester

Courses plan

- 1. Communication in Health Education & Promotion
- 2. School Health Education & Promotion
- 3. Research in Health Education & Promotion
- 4. Group dynamism
- 5. Health Education in workplace

Lesson plan

Communication in Health Education & Promotion



- Definition and importance of communication
- Changes in communication in society
- Communication sociology
- Communication types
- Communication models
- Communication and mass media
- Determinants of effective communication
- Communication stages
- Comprehensive Communication strategies

School Health Education & Promotion

- School health history in Iran
- Importance, goals, objectives and basic strategies of school health
- Concepts and principals of school health care
- Definition, principals and concepts of health education in schools
- Life skills education
- Definition, principals and concepts of health promotion in schools
- Nutrition principals and nutritional behaviors
- Safety and environment health school
- Accident prevention among students
- Necessary health care in schools
- Role and importance of student, parents and staff participation in health school care
- Health school Indies
- Common diseases in students

Research in Health Education & Promotion

- Definition, importance and different types of research methods in Health education and promotion
- Research proposal in Health education and promotion
- Importance and background
- Literature review
- Goal, objectives, hypothesis setting
- Research types (qualitative, quantitative)
- Publication
- Funds
- Data analysis
- Interpretation
- Final report

Group dynamics

- Definition, types and stages of group formation
- Definition and theories of group dynamics
- Communication and theories about group and field theory
- Effective factors on group leadership and group process
- Roles of group member
- Identification of group member duties
- Problem solving methods

Courses and Lesson Plan for the Third Semester

Courses plan

- 1. Health Education in workplace
- 2. Educational technology and methods
- 3. Health Education & Promotion (2)

Lesson plan

Health Education in workplace

- Definitions about health and health education in work places
- Orientation with work place and its process
- Common health problems in work place
- Importance of work place education, strategies, assessment
- Educational needs assessment and its priorities
- Educational goals assessment and its characteristics
- Selection of educational content
- Evaluation types
- Designing different kinds of questions

Educational technology and methods

- Definitions, importance and goals of Educational technology
- Learning strategies and educational methods
- Software dimension technology



- Educational planning
- Educational media
- Working with mass media
- Educational equipment Audio visual

Courses and Lesson Plan for the Fourth Semester

Courses plan

- 1. Training
- 2. Thesis

Lesson plan

Training

- Orienting with health care providing in network systems
- Orienting with structure and duties in health care providing systems
- Orienting with professionals health care
- Cooperating in education program planning and implementation and health promotion
- Clarifying Health education & promotion roles in different units of health centers
- Providing a project