

TEHRAN UNIVERSITY OF MEDICAL SCIENCE
AVICENNA CLUBE
SPIRITUAL AND RELIGIOUS COMMITTEE

AIM

Providing avenue for up lifting the spiritual, moral, social and wellbeing of student

RAMADAN KAREEM

This month is the most favorable month in the view of Almighty Allah.

Its days are the best days.

Its nights are the best nights.

Its hours are the best hours.

In this month, you have been invited to the hospitality of Almighty Allah and you have been chosen to be within the people of Almighty Allah's honoring. Your breaths in this month are (considered) glorification (of Almighty Allah). Your sleep in this month is (considered) an act of worship. Your deeds are accepted in this month. Your prayers are responded in this month.

The gates of Paradise are open wide in this month; therefore, pray your Lord not to close them before you.

Similarly, the gates of Hellfire are close in this month; therefore, pray your Lord not to open them for you.

Devils are tied up in this month; therefore, pray your Lord not to set them up over you..."

NIGHT OF QADR

The Holy Night of Laylat-ul-Qadr (also known as the Night of Power, Night of Destiny, and Night of Decree) is a single night worth a thousand months of reward in Islam. Any good acts and deeds completed on this single night are the equivalent to if you had performed that one act for a thousand months (83 years).

the Qadr Night (laylat al-qadr) is unmatched in merits, since to practice acts of worship at this night is equal to the acts of one thousand nights. At this night, the affairs of the whole year are decided and the angels and the Greatest Spirit are descended by the permission of Almighty Allah so as to visit the Imam of the Age (i.e. Imam al-Mahdi), have the honor of being present before him, and provide the destinies of all the beings before him.

RECOMMENDED ACTS AT THE QADR NIGHTS

- First: It is recommended to bathe oneself at each of the Qadr Nights. It is preferable to perform the bathing at sunset so as to be ready for the Isha' Prayer with a bathing.

Second: It is recommended to offer a two unit prayer reciting at each unit Surah al-Faatehah once and repeating Surah al-Tawheed seven times. After the accomplishment of the prayer, the following imploration should be repeated seventy times:

استغفر الله و اتوب اليه

According to a Hadith reported from the Holy Prophet (s.a.w.a.), Almighty Allah will forgive one who offers this prayer and will forgive his parents before he leaves his place.

- Third: It is recommended to open a copy of the Holy Qur'an between one's hands and say the following:

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِكِتَابِكَ الْمُنزَّلِ وَمَا فِيهِ وَ فِيهِ اسْمُكَ الْأَكْبَرُ وَ أَسْمَاؤُكَ الْحُسْنَى وَ مَا يُخَافُ وَ يُرْجَى أَنْ تَجْعَلَنِي مِنْ عِتْقَائِكَ مِنَ النَّارِ

Then, one may pray God to fulfill one's desires.

- Fourth: It is recommended to put a copy of the Holy Qur'an on the head and say the following:

اللَّهُمَّ بِحَقِّ هَذَا الْقُرْآنِ وَ بِحَقِّ مَنْ أَرْسَلْتَهُ بِهِ وَ بِحَقِّ كُلِّ مُؤْمِنٍ مَدَحْتَهُ فِيهِ وَ بِحَقِّكَ عَلَيْهِمْ فَلَا أَحَدَ أَعْرَفُ بِحَقِّكَ مِنْكَ.....

- Fifth: It is advisable to visit the holy tomb of Imam al-Husayn (a.s.) at these nights. A Hadith, in this respect, reads that at the Qadr Nights, a caller from the heavens will call from the Seventh Sky and, specifically, from the centre

of the Holy Throne that Almighty Allah shall forgive whoever visits the tomb of al-Husayn (a.s.).

- Sixth: It is highly advisable to spend the whole three Qadr Nights with acts of worship. A Hadith reads that one who spends the whole Qadr Nights with acts of worship will have all his sins forgiven even if they are as many as stars, as heavy as mountains, and as weighty as seawater.
- Seventh: In order to win its remarkable reward, it is recommended to offer the one hundred unit prayer. It is preferable to recite at these units Surah al-Faatehah once and repeat Surah al-Tawheed ten times.
- Eighth: It is recommended to say the following supplicatory prayer:

اللَّهُمَّ إِنِّي أَمْسَيْتُ لَكَ عَبْدًا دَاخِرًا لَا أَمَلُكَ لِنَفْسِي نَفْعًا وَلَا ضَرًّا وَلَا أَصْرَفُ عَنْهَا سُوءًا أَشْهَدُ بِذَلِكَ عَلَى نَفْسِي وَأَعْتَرِفُ لَكَ بِضَعْفِ قُوَّتِي وَقِلَّةِ حِيلَتِي فَصَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَأَنْجِزْ لِي مَا وَعَدْتَنِي وَجَمِيعَ الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ مِنَ الْمَغْفِرَةِ فِي هَذِهِ اللَّيْلَةِ وَأَتِمِّمْ عَلَيَّ مَا أَتَيْتَنِي فَإِنِّي عَبْدُكَ الْمُسْكِينُ الْمُسْتَكِينُ الضَّعِيفُ الْفَقِيرُ الْمَهِينُ اللَّهُمَّ لَا تَجْعَلْنِي نَاسِيًا لِذِكْرِكَ فِيمَا أَوْلَيْتَنِي وَلَا [عَافِلًا] لِإِحْسَانِكَ فِيمَا أَعْطَيْتَنِي وَلَا آيسًا مِنْ إِبْطَاتِكَ وَإِنْ أَبْطَأَتْ عَنِّي فِي سَرَاءٍ [كُنْتُ] أَوْ ضَرَاءً أَوْ شِدَّةٍ أَوْ رَحَاءٍ أَوْ عَافِيَةٍ أَوْ بَلَاءٍ أَوْ بُؤْسٍ أَوْ نَعْمَاءٍ إِنَّكَ سَمِيعُ الدُّعَاءِ

THE LAST TEN DAYS

Imam Ja'far al-Sadiq(a.s.) as saying: At the last ten nights of Ramadan, you may say the following supplicatory prayer:

أَعُوذُ بِجَلَالِ وَجْهِكَ الْكَرِيمِ أَنْ يَنْقُضِيَ عَنِّي شَهْرَ رَمَضَانَ أَوْ يَطْلُعَ الْفَجْرُ مِنْ لَيْلَتِي هَذِهِ وَ لَكَ قَبْلِي ذَنْبٌ أَوْ تَبِعَةٌ تُعَذِّبُنِي عَلَيْهِ.

REFERENCE

MAFATIHUL JINAN

HOLY PROPHET'S SERMON IN THE HOLY MONTH OF RAMADHAN