Tehran

Tehran is the capital of Iran and Tehran Province. With an estimated population of 8,429,807, it is Iran's largest urban area. Tehran is also the largest city in Western Asia and the 19th largest city globally. Archaeological investigations and excavation in Tehran demonstrate that this area was home to civilizations as far back as 3rd millennium B.C. in the village of Ray, which is now incorporated into the city of Tehran

TEHRAN

Sports

Tehran was the first city in the Middle East to host the Asian Games in 1974. Tehran is the site of Iran's national football stadium on Azadi Sports Complex with a 100,000 seating capacity. Azadi Football Stadium is one of the largest stadiums in Southern and Central Asia.

Tehran mountains have many ski resorts available for public use. The most well-known ski resort closest to Tehran is Dizin, located to the north of Tehran in the Alborz Mountains. Tochal Ski Resort is the world's fifth highest ski resort, at over 3,730 meters (12,240 ft) at its highest station. This resort was completed in 1976. Tochal has an 8 km-long gondola line (Telecabin) that goes from an elevation of 1,900 to a point on the crest of the mountain 3,740 meters high. It was completed in the late 1970s. At one time, it was claimed to be the world's longest gondola line.

TEHRAN

Art and Culture

As Iran's capital city, Tehran has a wealth of cultural attractions. Many of the well-known museums of Iran such as the Iranian Glassware and Ceramics Museum, the Carpet Museum of Iran, Tehran's Underglass Painting Museum, Sa'dabad Palace Complex, Niavaran Palace Complex, and Safir Office Machines Museum are located inside Tehran. Golestan Palace in Tehran is the home to the Peacock Throne, and Tehran Museum of Contemporary Art features the works of great international artists such as Andy Warhol, Van Gogh, and Pablo Picasso.

Iranian Central Bank in Tehran is also home to the Iranian Imperial Crown Jewels. It is claimed to be the largest, most dazzling and valuable jewel collection in the world.





Cinemas

Tehran is well-served by cinemas. For English language and foreign films check out Azadi, Sepid, and Farhang cinema complexes.

Transportation in Tehran

Airport

Tehran has two main airports: Mehrabad Airport and Imam Khomeini Airport. Mehrabad Airport, now located inside the city of Tehran, is used mainly for domestic fights while Imam Khomeini airport is used mainly for international flights.

Imam Khomeini International Airport is located about 30 kilometers (19 miles) southwest of the city of Tehran on the Tehran-Qom Freeway. Most international students will arrive at Imam Khomeini International Airport. Based on prior arrangements, a TUMS representative will greet and transport them to TUMS international dormitories.



Women usually sit towards the end of the bus, and men ride in the front. BRTs are fast buses which travel specialized routes; women sit in the front on BRTs.

Taxi

Yellow and green cabs and vans, as well as unmarked individual drivers are available in all major cities in Iran. There are designated taxi stops at all major squares in Tehran with specified routes and fares. Passengers are allowed to ask for a stop on the route but have to pay the full fare posted. The fare is based on the distance traveled, and for a shared cab it starts from 5,000 Iranian Rials.

Metro / Subway

The metro system in Iran is expanding rapidly. Metro runs from 5:30 a.m. till 10:30 p.m. on a daily basis. The first and the last wagon in each train are women-only sections of the train. Chargeable metro cards are available for purchase and recharge to be used on Tehran's metro and bus systems.









Azadi Tower

Built in 1971, Azadi (Freedom) Tower is 50 meters (163 ft) tall and completely clad in cut marble. Azadi Tower is located in the middle of Tehran's famous Azadi Square.

Milad Tower

Milad Tower (Borj-e-Milad) is the tallest building in Iran and the 8th tallest building in the world standing at 435 m-high (1,427 ft) from base to the tip of its antenna. The 4th tallest free-standing telecommunication tower in the world, Milad tower took 7 years to be built and was opened in 2008. It offers restaurants at the top with panoramic views of Tehran, a five-star hotel, a convention center, and an IT park. Furthermore, the complex features a parking area of 27,000 m2 (290,000 sq ft), a large computer and telecommunications unit, a cultural and scientific unit, a commercial transaction center, a temporary showroom for exhibiting products, a specialized library, an exhibition hall, and an administrative unit.